

Spring 2017

Course Catalog

Volume 16 Number 1

ACADEMY FOR LIFELONG LEARNING of Cape Cod, Inc.



Academy for Lifelong Learning
Cape Cod Community College

2240 Iyannough Road
West Barnstable, MA
02668-1599

508-362-2131 x4400
www.capecodall.org

Learn
something new,
Connect
with others,
Volunteer
and make new friends.

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ACADEMIC CALENDAR FOR SPRING 2017

Registration begins	Monday, January 9 at 9 a.m.
New Member Orientation	Friday, January 27 at 10 a.m.
Coordinators' Luncheon	Friday, January 27 at noon
Classes begin	Monday, January 30
First six-week classes end	Monday, March 13
Second six-week classes begin	Monday, March 20
Classes end	Monday, May 1

Holidays – no classes

Presidents' Day	Monday, February 20
Spring Recess	Tuesday-Friday, March 14-17
Patriots' Day	Monday, April 17

ACADEMIC CALENDAR FOR FALL 2017

New Member Orientation	Friday, September 8 at 10 a.m.
Coordinators' Luncheon	Friday, September 8 at noon
Classes begin	Monday, September 11
First six-week classes end	Monday, October 23
Second six-week classes begin	Tuesday, October 24
Classes end	Monday, December 11

Holidays – no classes

Columbus Day	Monday, October 9
Thanksgiving Break	Tuesday-Friday, November 21-24

See individual course descriptions for specific dates and times.

A Message From Our President

We at the Academy for Lifelong Learning are very pleased to be able to offer you a wide variety of interesting and fun courses in this spring 2017 catalog. We strive to make available a broad array of offerings to appeal to the diverse interests of our members. These courses are led by enthusiastic and knowledgeable volunteer coordinators. Keep up with current events, stimulate new parts of your brain, and explore opportunities for personal growth, all in the company of congenial and engaged classmates.

In addition, we have a number of opportunities for socializing with fellow members and ways to support A.L.L. as a volunteer. If you have a suggestion for a new course or for a special event, please let us know. We continue to seek insights into member wishes and expectations so that we can offer programs and events that appeal to all. We expanded the catalog to include more information about A.L.L. so that members and potential members know more about us.

We at A.L.L. very much appreciate the time and efforts of our course coordinators and Curriculum Committee members, who work throughout the year to bring worthwhile courses to our members.

Jim Lathrop
President

From the Curriculum Committee

Welcome to the spring semester of 2017. Your Curriculum Committee is pleased to present you with a rich variety of courses. We are celebrating the 30th anniversary of the founding of the Academy for Lifelong Learning of Cape Cod, Inc. We look forward to meeting our new members and reuniting with those who are returning. We encourage those of you with an inclination to share an interest with others to consider offering a course in the fall 2017 semester.

Registration begins on Monday, January 9, 2017, and classes begin on Monday, January 30, 2017. After the semester has begun, if you are enrolled in a course and cannot attend, please notify the A.L.L. office so the coordinator can contact a person on the waiting list.

We welcome your suggestions and look forward to learning together.

Miriam Kronish
Chair

A.L.L. Curriculum Committee

Curriculum Committee: Mike Baker, Miriam Kronish, Henry Tamzarian, Lew Taylor, Nancy Yee

The A.L.L. office will be open at 9:00 a.m. on Monday, January 9, 2017 to receive hand-delivered registration forms. To ensure a fair assignment of classes, all accurately completed registration forms with payment that are received by Monday, January 9th will have an equal chance of getting their course choices. No preference will be given to early postmarks, delivery date or place in line on January 9th. We encourage you to submit your form by mail rather than queueing up on registration day. Forms received after January 9th will be processed when received, but not before all earlier registration course assignments are complete. Please be sure to include alternate choices in case a class is filled.

WELCOME TO A.L.L.

Overview

The Academy for Lifelong Learning of Cape Cod, Inc. ("A.L.L.") was established in 1987 as part of the Center for Successful Aging at Cape Cod Community College. In 1990, A.L.L. was "spun off" from the college and became an independent and self-governing entity; and, in 2001, we obtained 501-C (3) status from the IRS. Throughout our history, A.L.L. has maintained a close and productive relationship with the college.

A.L.L. is an organization of men and women aged 50 and older that offers its members the opportunity to pursue educational interests and to expand social relationships. Volunteerism is critical to A.L.L.'s ongoing success. Members are encouraged to become class coordinators, participate on committees, work on administrative activities, or just participate in any of A.L.L.'s activities and functions.

The opportunity for social interaction is an important aspect of A.L.L. In addition to classes, the academy offers social activities and special events such as lectures and trips to theater productions and museums in the area throughout the year.

A.L.L. offers primarily academic courses in addition to several creative and "how-to" courses. Classes vary from semester to semester. The academic offerings may include courses in literature, history, philosophy, the social sciences, religion, and art appreciation and interpretation. The creative and "how-to" courses may include topics such as gardening, painting, and various other skills of interest to our membership.

Members of A.L.L. present the courses and are known as "coordinators." These are volunteers who bring their personal passions, avocations, and/or their teaching experience to our classes. Some courses are traditional in structure, where coordinators have the role of teacher, while other courses are structured with the coordinator as a discussion facilitator. There are two semesters or sessions per calendar year – fall and spring. Courses are generally offered on either a six-week or a 12-week basis.

Note: A.L.L. courses do not offer academic credit with the college or elsewhere.

Board of Directors

A.L.L.'s board of directors manages the affairs and the business of the corporation. The board of directors has no fewer than six and no more than 15 members at any time, and each member is elected by the membership for a three-year term. Directors serve without compensation for their services and most are chairs of active committees or officers of the corporation. The current board consists of 14 members, with about one-third elected or appointed each year. The board for the year is listed at the back of this catalog.

Committees

Standing committees are responsible for developing and implementing the major functions of the academy. Most of the real work ensuring the smooth running of A.L.L. takes place through the activities of these committees, which are summarized below:

Curriculum: Recruits coordinators, develops class schedules, and publishes the catalog.

Nominating: Identifies and solicits candidates for the board of directors.

Long-Range Planning: Addresses the future needs of the academy.

Special Events: Plans and organizes outside events throughout both sessions.

Policies and Procedures: Maintains policies and procedures in accordance with A.L.L. bylaws.

Hospitality: Plans and organizes social events for the membership.

Finance: Oversees the financial aspects of A.L.L., working with the treasurer.

Communications: Publicizes A.L.L. events and programs.

The board of directors also establishes ad hoc committees as needed, for specific tasks and projects.

Course Selection

For some courses, additional information describing class content may be found on the website www.capecodall.org. For planning purposes, a consolidated list of courses arranged by day and time appears after the course descriptions in this catalog. Please complete the course selection area of the registration form using each course number, name, day and time, and number of weeks.

Complete and accurate contact information is very helpful if questions come up about your registration form and would be important in the event of an emergency.

Registration

Registration may be mailed or hand-delivered to the college. General registration begins Monday, January 9, 2017. Be sure to include a check, made out to A.L.L. Unfortunately, A.L.L. cannot accept credit cards and debit cards. Any incomplete component may delay the processing of the registration form. Please make a copy of the completed registration form for your records. Once a registration has been processed, you will receive a schedule confirmation in the mail.

To ensure a fair assignment of classes, A.L.L. uses a random selection process. All A.L.L. members whose completed registration forms are received by Monday, January 9, with payment, will have an equal chance of getting their course choices. The A.L.L. office will open at 9 a.m. on Monday, January 9. No preference will be given to early postmarks, delivery dates, or place in line on that date. We encourage you to submit your form by mail rather than queueing up on registration day. Forms received after January 9 will be processed when received but not before all prior course assignments are completed. Please be sure to include alternate choices in case your class choices are filled.

Because of space limitations and coordinator requests, class size varies. It is important to list alternatives in the event that first choice classes are filled. If no alternatives are listed, it will be assumed that none are desired and your fee payment will be refunded after the class registration process is completed.

A member can select up to four 6-week classes per semester, or two 12-week classes, or one 12-week and two 6-week classes. Refunds of membership fees are available only through the first week of class, except in hardship cases. After the first week of each semester, a paid member may enroll in additional courses if space is available and with approval from the coordinator. During the first week of classes, a list of courses with seats available will be posted in the A.L.L. office.

In addition, members can obtain a college identification card which entitles them to use the college library.

Membership Fees

The membership fee, currently \$105 per session, is paid for each semester in which a member chooses to take courses. The fee covers membership in A.L.L., including any combination of courses as described above plus other educational and social activities (though some events involve an additional charge). Having been enrolled once – and even though no further fees are paid – a member remains on our records for another year and will continue to receive communications.

In keeping with the purpose of A.L.L., there may be circumstances where A.L.L. grants free membership to applicants in need. Application for this assistance is made via a letter to the president of A.L.L. and all such information is kept strictly confidential.

Classes with low enrollments may be canceled outright, in which case registered attendees will be notified. Those who registered for these courses may enroll in other courses based on space available or receive a tuition refund. Refunds are issued after the class registration process is completed.

Withdrawals

If, after receiving your course confirmation, you find you are unable to attend a particular course, please notify the A.L.L. office at (508) 362-2131, ext. 4400, so we may add the seat back into our inventory. If, after starting a course, you find you will not be attending it any longer, please notify the office. There is no need to state a reason.

Class Locations

Most courses are offered on the Cape Cod Community College campus at 2240 Iyannough Road, West Barnstable. Additional classes are available at a number of satellite campuses around the Cape. Following are the addresses, phone numbers, and directions to the sites where classes are offered this semester. When selecting back-to-back classes, be sure to allow for travel time between sites.

C-106 and C-115 are in the community college's Grossman Commons Building, mezzanine level.

The Multimedia Center is in the basement of the community college's Wilkens Library.

The Art Center is in the Tilden Arts Center Building at the community college.

Cape Cod Community College Downtown Campus (508-778-2221) is located at 540 Main St., Hyannis, behind Colombo's Restaurant.

See maps of the college's main and downtown Hyannis campuses on Pages 6 and 7.

Mashpee Senior Center (508-539-1400), 26 Frank E. Hicks Drive, Mashpee, is located off Route 151 near the police and fire stations.

Mashpee Fitness Center (508-477-6128) is located at 168 Industrial Drive, Mashpee. Take Route 28 north, and Industrial Drive is on the left.

Barnstable Fitness Center (508-778-5000) is located at 735 Attucks Lane, Hyannis, between Independence Drive and Airport Road, both of which are off Route 132.

New Members:

Welcome! By indicating your status on the registration form, you will be invited to an orientation session just before classes begin. Be sure to save the date, Friday, January 27, at 10 a.m. for this event. Please use the registration form to let us know how you learned of A.L.L., because this information is useful to our promotional efforts.

Coordinator Registration Policy: Course coordinators are eligible for a reduced membership fee, as follows:

<u>12-week course</u>	<u>Each coordinator pays:</u>	<u>6-week course</u>	<u>Each coordinator pays:</u>
1 coordinator	\$0.00	1 coordinator	\$0.00
2 coordinators	\$0.00	2 coordinators	\$47.50
3 coordinators	\$63.33	3 coordinators	\$63.33

Those who coordinate more than one course should check with the curriculum chairperson, through the A.L.L. office, to determine their proper payment.

If you have any questions or concerns, please call or visit the A.L.L. office. The phone number is (508) 362-2131, ext. 4400. The office is located on the mezzanine level of the Grossman Commons Building by Rooms C-106 and C-115.

Many questions are answered on our website: www.capecodall.org. Registration forms are also available on the website.

If the college is closed due to inclement weather or other reasons, then A.L.L. is also closed. If the college is closed because of snow, it will usually be announced on the radio and TV. You can also call the **College Hot Line** number at 508-375-4070.

A.L.L. NEEDS YOU!

Become a Coordinator of a class at the Academy for Lifelong Learning in the Fall 2017 Session at one of our many locations.



A.L.L. courses are generally led by retired educators, professionals, artists, writers, and others who are willing to share their passion on a topic or set of topics with the students. It allows the opportunity to inspire others to learn and explore. In addition, one can lead class members without the administrative burdens of traditional teaching. It often permits the development of innovative and interesting learning experiences. Mature students are eager to learn, which makes coordinating a fun experience.

Note: We have developed a digital database to improve the processing of proposals. Please submit your proposal on our website (www.capecodall.org). Should you need assistance in submitting your proposal on-line, please contact the A.L.L. Office at (508) 362-2131 x4400.

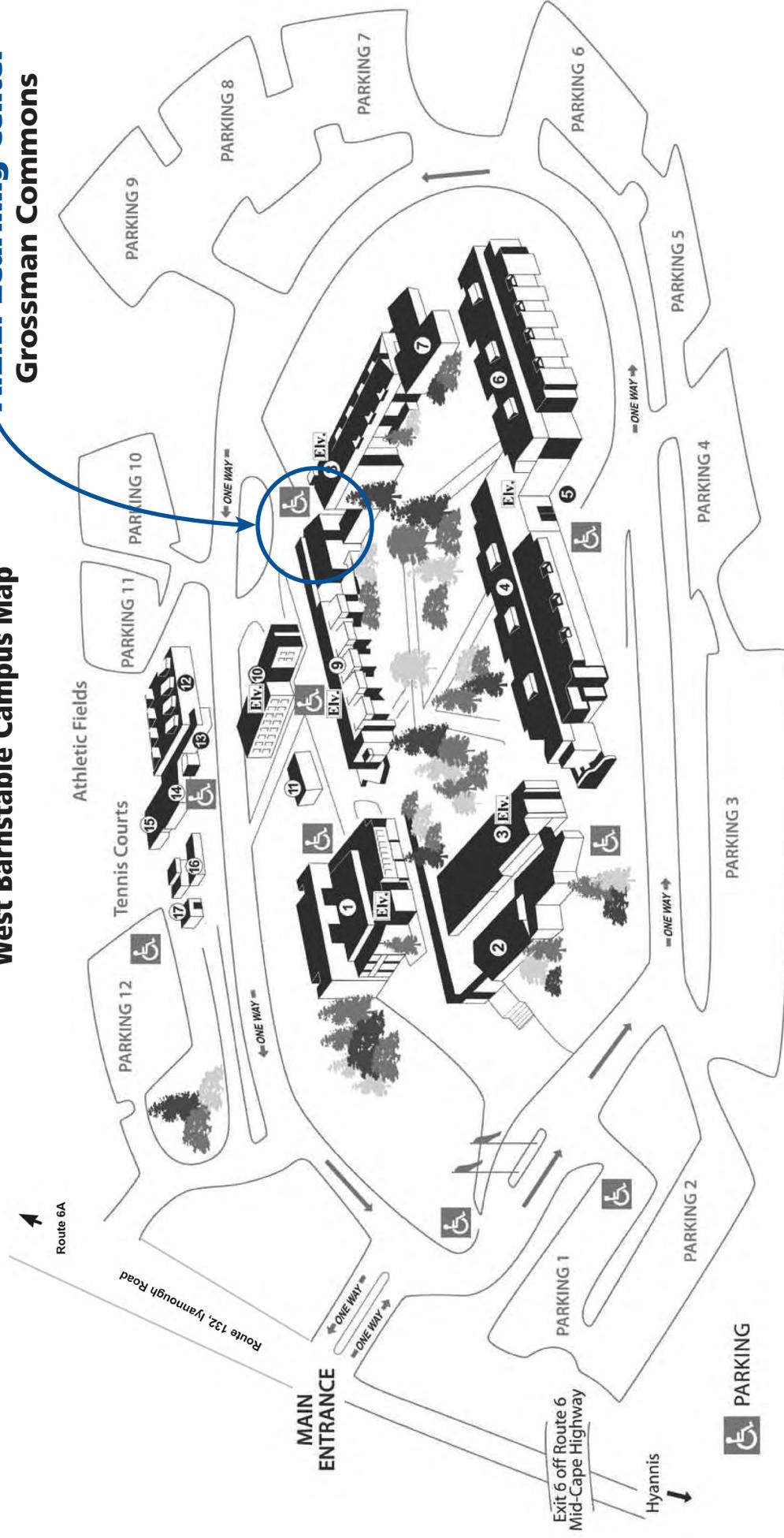
Course Description (50 to 75 words) Please describe your course and briefly discuss what you expect to accomplish in class and list any readings, materials, videos, field trips, etc. you intend to use. Explain what students will learn and how you will use lectures, class discussion and other teaching formats to facilitate the course.

Bio (30 to 40 words) Please list your experience, interests, educational background, and any degrees or qualifications you have to facilitate this course. Include any relevant information that shows your mastery of the subject and your passion for the topic.

**The Curriculum Committee will begin scheduling classes on March 15.
Proposals greatly appreciated by early March.**

Cape Cod Community College West Barnstable Campus Map

**A.L.L. Learning Center
Grossman Commons**

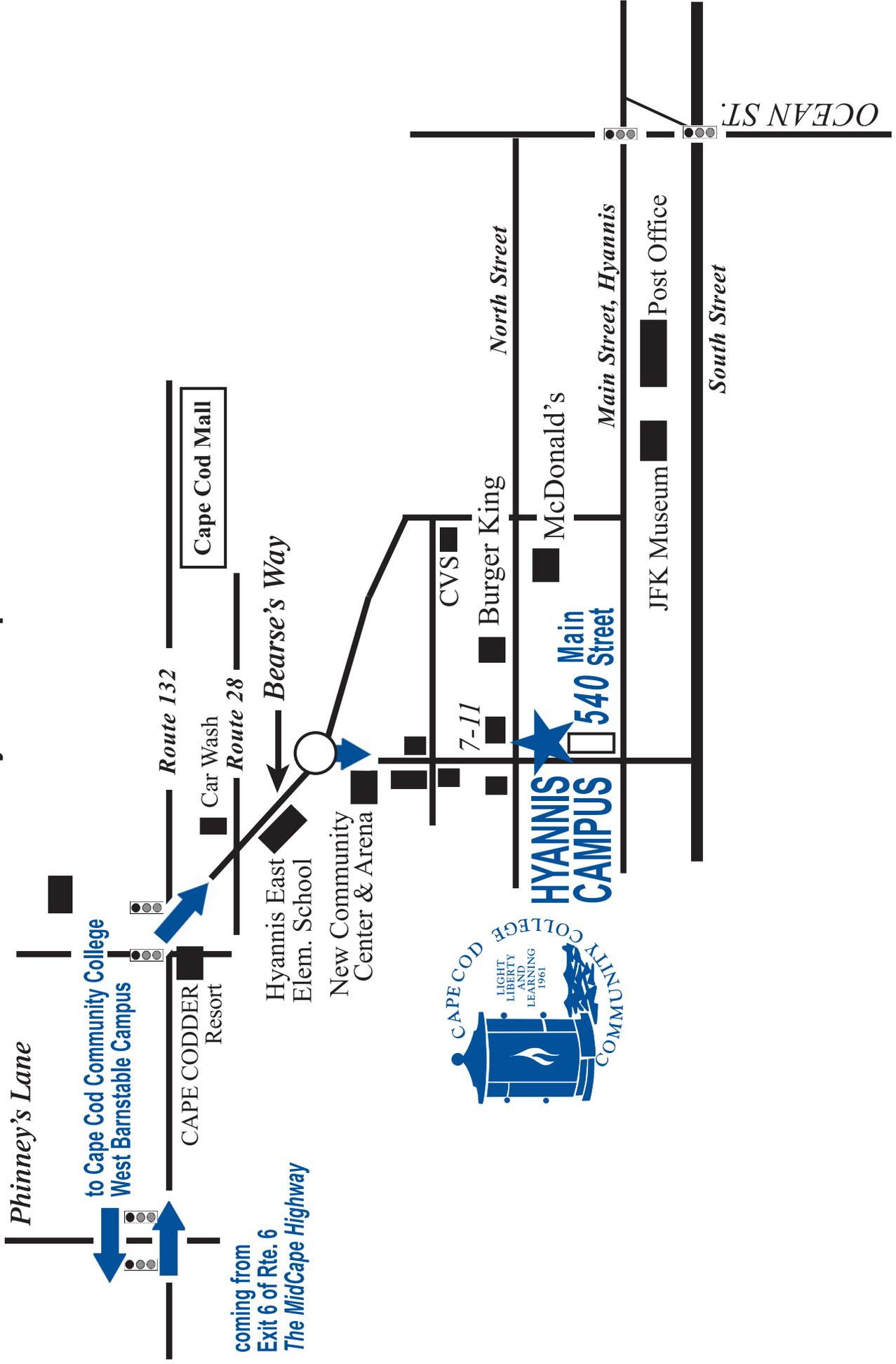


Building Legend

- | | | | |
|-----|-----------------------------------|-------|-------------------------------------|
| 1 | Tilden Arts Center | 10 | Lorusso Applied Technology Building |
| 2 | Nickerson Administration Building | 11 | Makkey Broadcasting Center |
| 3 | Wilkens Library | 12-15 | Life Fitness Complex |
| 4 | South Building | 16-17 | Facilities Management Building |
| 5 | North/South Connector | | |
| 6 | North Building | | |
| 7,8 | Science Hall | | |
| 9 | Grossman Commons Building | | |

Cape Cod Community College

Hyannis Campus



CAPE COD COMMUNITY COLLEGE WEST BARNSTABLE CAMPUS

MONDAY

The Great Puccini Operas

Monday 9:00-10:20

First 6 weeks 1/30-3/13

ALL923

C-115

Limit: 25

Puccini composed some of the world's most popular and beloved operas, including *La Boheme*, *Tosca*, and *Madama Butterfly*. This course will explore these works as well as others by Puccini in video performances featuring world-renowned singers at the Met and other opera houses.

Coordinator: Steve Piontek. Steve has been a passionate opera lover for five decades. He has previously been a coordinator for A.L.L. courses on the operas of Verdi and Mozart and the Buddhism of Nichiren Daishonin.

The Seven Great Operas of Mozart

Monday 9:00-10:20

Second 6 weeks 3/20-5/1

ALL902

C-115

Limit: 25

Mozart wrote an extraordinary amount of music in his short life. Among his very greatest compositions are his last seven operas, from *Idomeneo* to *The Magic Flute*. This course will feature the history and highlights of these masterworks, including *The Marriage of Figaro* and *Don Giovanni*, which have inspired listeners for over 200 years. A wide range of renowned Mozart singers will be featured.

Coordinator: Steve Piontek. Steve has been a passionate opera lover for five decades. He has previously been a coordinator for A.L.L. courses on the operas of Verdi and the Buddhism of Nichiren Daishonin.

Alexander the Great and the Hellenistic Age

Monday 9:00-10:20

12 weeks 1/30-5/1

ALL936

C-106

Limit: 25

This course will examine the age ushered in by Alexander the Great, son of a brilliant father, yet always at odds with the man whom he succeeded. He was a blend of greatness and madness, and he replaced the Persian Empire with a new, mixed ruling class. His death ushered in a period of catastrophic change as ambitious warlords carved up his realm to create Seleucid Syria and Ptolemaic Egypt.

Coordinator: Paula Stefani. Paula has led several courses at A.L.L. on diverse topics in history.

Mercy Otis Warren:

Muse of the Revolution

Monday 10:30-11:50

First 6 weeks 1/30-3/13

ALL857

C-106

Limit: 25

This is a six-week course focusing on the life, writings, and political impact of West Barnstable native Mercy Otis Warren. A confidant of many of the leaders of the patriot movement, Mrs. Warren, through her writings, fanned the flames of revolution.

Coordinator: Lew Taylor. Lew is a retired public librarian and has a BA and MA in American History. Lew has taught many courses at A.L.L. and is the owner of I Cannot Live Without Books in West Dennis.

Off Loom Beading - Section A

Monday 10:30-11:50

First 6 weeks 1/30-3/13

ALL915

C-115

Limit: 10

All you need are some seed beads, a needle and thread to fit through the beads, and the ability to see the hole in the bead. From there we explore two basic beading techniques -- peyote and herringbone -- and work our way from components to finished projects. A list of supplies will be available to enrolled members prior to class or you may purchase a beginner's kit the first day of class. Written instructions accompany hands-on instruction in class as well as links to online tutorials.

Coordinator: Kathleen Taylor. Kathleen is a lifelong artisan with degrees in art and education. Kathleen currently owns Not Just Beads, a bead and fiber shop in West Dennis, and is a member of the Bead Society of Cape Cod.

Washington and Jefferson

Monday 10:30-11:50

Second 6 weeks 3/20-5/1

ALL917

C-106

Limit: 25

This six week course will focus on George Washington and Thomas Jefferson. We will spend three weeks on each of these "Founding Fathers," examining their contributions to the formation of our country and how they inexplicably grew apart until they became political opponents.

Coordinator: Lew Taylor. Lew is a retired public librarian and has a BA and MA in American History. Lew has taught many courses at A.L.L. and is the owner of I Cannot Live Without Books in West Dennis.

CAPE COD COMMUNITY COLLEGE WEST BARNSTABLE CAMPUS

MONDAY (Continued)

Off Loom Beading - Section B **ALL915**
Monday 10:30-11:50 C-115
Second 6 weeks 3/20-5/1 Limit: 10

All you need are some seed beads, a needle and thread to fit through the beads, and the ability to see the hole in the bead. From there we explore two basic beading techniques -- peyote and herringbone -- and work our way from components to finished projects. A list of supplies will be available to enrolled members prior to class or you may purchase a beginner's kit the first day of class. Written instructions accompany hands-on instruction in class as well as links to online tutorials. This course is a repeat of Off-Loom Beading Section A.

Coordinator: Kathleen Taylor. Kathleen is a lifelong artisan with degrees in art and education. Kathleen currently owns Not Just Beads, a bead and fiber shop in West Dennis, and is a member of the Bead Society of Cape Cod.

History of Rock 'n' Roll – The 50s **ALL928**
Monday 12:00-1:20 C-106
First 6 weeks 1/30-3/13 Limit: 25

Rock and roll was everything the suburban 1950s were not. While parents of the decade were listening to Frank Sinatra, Perry Como, and big bands, their children were moving to a new beat. In fact, to the horror of the older generation, their children were twisting, thrusting, bumping, and grinding to the sounds of rock and roll. This generation of youth was much larger than any in recent memory, and the prosperity of the era gave them money to spend on records and phonographs. By the end of the decade, the phenomenon of rock and roll helped define the difference between youth and adulthood.

Coordinator: Lew Taylor. Lew is a retired public librarian and has a BA and MA in American History. Lew has taught many courses at A.L.L. and is the owner of I Cannot Live Without Books in West Dennis.

History of Rock 'n' Roll – The 60s **ALL929**
Monday 12:00-1:20 C-106
Second 6 weeks 3/20-5/1 Limit: 25

In 1960, the music of Frankie Avalon, Paul Anka, Connie Francis and Mitch Miller (an avowed enemy of rock & roll) ruled the airwaves and the record charts, giving some observers the notion that decency and order had returned to the popular mainstream. But within a few years, rock would regain its disruptive power with a joyful vengeance until, by the decade's end, it would be seen as a genuine force of cultural and political consequence. For a long and unforgettable season, it was a truism — or threat, depending on your point of view — that rock & roll could (and should) make a difference: that it was eloquent and inspiring and principled enough to change the world — maybe even to save it.

Coordinator: Lew Taylor. Lew is a retired public librarian and has a BA and MA in American History. Lew has taught many courses at A.L.L. and is the owner of I Cannot Live Without Books in West Dennis.

Bead Weaving: Moving On – Section A **ALL932**
Monday 12:00-1:20 C-115
First 6 weeks 1/30-3/13 Limit: 10

In this class you will bead with a thread and a needle. Some knowledge of peyote bead weaving is required. The class will consist of a series of peyote projects which will include bracelets, rings, or necklaces. Written instructions accompany hands-on instruction as well as links to on-line tutorials.

Coordinator: Kathleen Taylor. Kathleen is a lifelong artisan with degrees in art and education. Kathleen currently owns Not Just Beads, a bead and fiber shop in West Dennis, and is a member of the Bead Society of Cape Cod.

Bead Weaving: Moving On – Section B **ALL932**
Monday 12:00-1:20 C-115
Second 6 weeks 3/20-5/1 Limit: 10

In this class you will bead with a thread and a needle. Some knowledge of peyote bead weaving is required. The class will consist of a series of peyote projects which will include bracelets, rings, or necklaces. Written instructions accompany hands-on instruction as well as links to on-line tutorials. This course is a repeat of Bead Weaving: Moving On Section A.

Coordinator: Kathleen Taylor. Kathleen is a lifelong artisan with degrees in art and education. Kathleen currently owns Not Just Beads, a bead and fiber shop in West Dennis, and is a member of the Bead Society of Cape Cod.

CAPE COD COMMUNITY COLLEGE WEST BARNSTABLE CAMPUS

MONDAY (Continued)

The Indian Wars - 1860 - 1890

Monday 1:30-2:50

Second 6 weeks 3/20-5/1

ALL918

C-115

Limit: 25

From 1860-1890, Native removal and subjugation continued west of the Mississippi. Get to know Sitting Bull, Geronimo, and Chief Joseph. Meet, possibly for the first time, Little Crow, Capt. Jack, and Wooden Leg. Ride with women warriors Lozen, Buffalo Calf Road, and Colestah. Anguish for peace with Cochise, Black Kettle, and Big Foot. Finally, discover the parallels between government policy then and now. Classes will consist of lecture, discussion, videos, artifacts, and coordinator anecdotes.

Coordinator: Frank Cuphone. Frank has spent many years visiting reservations, learning from Native elders, and researching/teaching Native American topics.

Become a Craftsperson in Six "Easy" Lessons - Section A

Monday 3:00-4:20

First 6 weeks 1/30-3/13

ALL931

C-115

Limit: 12

This 6 week course will teach beginners how to make necklaces; create battery operated clocks; craft decorative objects, nightlights, and lamps with attractive sea shells; cut mats, glass, and picture frames for art work; make children's wooden toys; and help class members create other objects that interest them. Some supplies will be provided at cost. Some tools will be available for use with each project. The class will also be given a list of stores where they can purchase tools and supplies if they wish to do so. This course will be repeated in the second six week term as Section B

Coordinator: Gershen Rosenblum. Gersh is a retired clinical psychologist who has coordinated several A.L.L. courses in the past (in history, Greek mythology, and brain fitness). He now wishes to share his arts and crafts hobby experiences with interested members of A.L.L.

Become a Craftsperson in Six "Easy" Lessons - Section B

Monday 3:00-4:20

Second 6 weeks 3/20-5/1

ALL931

C-115

Limit: 12

This 6 week course is a repeat of Section A. It will teach beginners how to make necklaces; create battery operated clocks; craft decorative objects, nightlights, and lamps with attractive sea shells; cut mats, glass, and picture frames for art work; make children's wooden toys; and help class members create other objects that interest them. Some supplies will be provided at cost. Some tools will be available for use with each project. The class will also be given a list of stores where they can purchase tools and supplies if they wish to do so.

Coordinator: Gershen Rosenblum. Gersh is a retired clinical psychologist who has coordinated several A.L.L. course in the past (in history, Greek mythology, and brain fitness). He now wishes to share his arts and crafts hobby experiences with interested members of A.L.L.

The Third Reich

Monday 1:30-2:50

12 weeks 1/30-5/1

ALL938

C-106

Limit: 25

The course will study the life of Adolf Hitler and the creation and destruction of the Third Reich.

Coordinator: Stephen Pastore. Stephen is the author of *The Art of Adolph Hitler; The Complete Paintings of Adolph Hitler; Mein Kampf: A Descriptive Bibliography;* and *Adolf Before He Was Hitler.* He is the editor of *Michael: a Novel* by Josef Goebbels.

TUESDAY

Putin's Game Plan

Tuesday 9:00-10:20

12 weeks 1/31-4/25

ALL920

C-106

Limit: 25

What is Vladimir Putin up to? Does he have a game plan? What is his inspiration? What is his motivation? How will he relate to the West, the Middle East, and China? We will explore these topics and more.

Coordinator: Stew Goodwin. Stew has taught many courses at A.L.L. over the last decade. Prior to that, he spent 35 years in the investment banking business.

**CAPE COD COMMUNITY COLLEGE
WEST BARNSTABLE CAMPUS**

TUESDAY (Continued)

Reviewing the Legends II

Tuesday 9:00-10:20
12 weeks 1/31-4/25

ALL921

C-115
Limit: 25

"When legends become facts, print the legend," *The Man Who Shot Liberty Valance*, a 1962 Western by John Ford. Ford made that statement in 1962 and it explains why much of what we call history is in fact legend. Legends have been printed as facts (history) all over the world. We will discuss some examples from U.S. and European history. The topics of this course will include: "Learning to Spy", "Why Good Hygiene Took so Long", "Nicholas Winton: The British Schindler", "Did We Use a Ghost Army?", "Role of French Women in Resistance to Hitler", and more.

Coordinator: Jim Perry. Jim is an advocate of revisionist history but is also concerned about managing the historical record to hide the unpleasant or support an ideological position.

Rachel Carson's Silent Spring and its Relevance Today

Tuesday 10:30-11:50
First 6 weeks 1/31-3/7

ALL930

C-115
Limit: 25

Silent Spring (called "the Classic that Launched the Environmental Movement") is regarded as one of the landmark books of the twentieth century. This class will read and discuss the book chapter by chapter and see relevant video material. We will also discuss the history of the book's reception when it was published in 1962 and contemporary writers' thoughts on the book and how it relates to debates in our world.

Coordinator: Anne Southworth. Anne's graduate work and career as an English teacher have led to an interest in books and their impact on culture. Living on Cape Cod has increased her love of the natural world.

History of Wired and Wireless **ALL789**

Communications on the Cape and Islands

Tuesday 10:30-11:50

First 6 weeks 1/31-3/7

C-106

Limit: 25

We will discuss great technological landmark achievements on the Cape and Islands using historical images and photographs. Some topics will include Jonathan Grout's visual telegraph of 1800, brass-pounders on land and ships, submarine signaling, Marconi's first wireless station at Wellfleet and 'Sconset', high-powered transatlantic wireless stations in Chatham and Marion, Fessenden's 1906 AM radio broadcast, Loran Nantucket Station, the Cape Cod System (pre-national air defense), Navy communications and air navigation, Pave Paws, and underwater innovations at Woods Hole.

Coordinator: Gilmore Cook. Gil is a retired electrical engineer with a passion for the history of science and technology. He is an active member of the IEEE and has served on many committees dedicated to preserving the history of electrical and computer engineering. He has authored many articles on the development of electrical systems in New England.

Merchants of Doubt

Tuesday 12:00-1:20
Second 6 weeks 3/21-4/25

ALL940

C-106
Limit: 25

This discussion class will be based on the book *Merchants of Doubt*. We will consider how a handful of scientists obscured the truth about many issues from tobacco smoke to global warming and who decides what science is.

Coordinator: Barbara Leedom. Barbara has forgotten how many courses she's coordinated-- all discussion courses -- no lecture, no video, just provocative Q&A.

A Discussion of Current Events

Tuesday 12:00-1:20
12 weeks 1/31-4/25

ALL644

C-115
Limit: 15

Class members should be ready to participate in a discussion of the happenings that occur locally, nationally, and internationally.

Coordinator: Jay LaFrance. Jay has a lifetime interest in news and the people who create it.

CAPE COD COMMUNITY COLLEGE WEST BARNSTABLE CAMPUS

TUESDAY (Continued)

Landmarks in Medicine

Tuesday 12:00-1:20

First 6 weeks 1/31-3/7

ALL943

C-106

Limit: 25

The course will discuss changes in our understanding of health and disease from Hippocrates to the scientific discoveries of the present day. The course will be accompanied with written materials and film. Members of the class will be encouraged to participate in discussions.

Coordinator: Raymond Partridge. Ray is a retired physician with a life long interest in the history of medicine.

Conversational French

Tuesday 1:30-2:50

12 weeks 1/31-4/25

ALL029

C-106

Limit: 25

This course provides an opportunity for French language learners and lovers to practice and perfect French language skills with fellow students and native speakers. Emphasis is on speaking and listening; there are also chances for reading and writing. Students collaborate in selecting topics for discussion and class activities which reflect their interests, from reciting poems to watching films, reading francophone works, discussing current events, working puzzles, telling jokes, explaining cartoons, listening to music, making music, and sharing travel stories. Students work independently, in pairs, in groups, face to face, online, at school, in class, and elsewhere. Previous knowledge of French is recommended.

Coordinator: Lore DeBower. Lore earned her degree in Medieval French Women's Studies and has over 40 years experience teaching second languages.

Food: Abundancy and Scarcity

Tuesday 3:00-4:20

First 6 weeks 1/31-3/7

ALL941

C-106

Limit: 20

First, we will reflect on the various ways food is distributed and consumed on the Cape, including farmers' markets, restaurants, grocery stores, etc. Second, we will examine food supply and consumption in the world and then ask what will be the effects of climate change on agriculture and the quantity and quality of food. The course text is

George Kent, ed, *Global Obligations for the Right to Food* (Rowman & Littlefield, 2008).

Coordinator: Judith Blau. Judith has published 17 books and over a hundred articles in academic journals. Her most recent books are on climate change and a co-edited book on the U.S. Constitution. Her field of interest within the social sciences is human rights.

So You Want to Be a Poet

Tuesday 1:30-4:00

12 weeks 1/31-4/25

ALL077

C-115

Limit: 25

The class includes creative writing of poetry, reading/sharing student's poems in class, and gentle critiquing. The only rule is there are no rules except you can't say anything bad about your own writing. The course text is *Silent No More: Unlocking Voices of Older Poets & My Father's Shoes* (both available free from instructor). Note: This class is scheduled from 1:30 – 4:00 p.m.

Coordinators: Peter Saunders, Ph.D. and Victoria Branigan. Peter has an MFA in poetry from Goddard College and a Ph.D. in Narrative Gerontology from Union Institute & University. He has published books of poetry and many poetry chapbooks. Victoria is a publisher, writer, and entrepreneur.

WEDNESDAY

Introduction to iOS for the iPhone and iPad

Wednesday 9:00-10:20

Second 6 weeks 3/22-4/26

ALL888

C-115

Limit: 25

This course will cover the basics of iOS 10 or later for the iPhone and iPad for those who are thinking about purchasing one or both of these devices or already have one. Course materials will include the free iOS User Guides, downloadable from Apple. Various apps will be demonstrated and displayed on the large classroom screen.

Coordinator: Wayne Hoover. Wayne was employed by the U.S. Government for 39 years as a Computer Specialist, Mathematician, and Supervisory Mathematician. He earned a Ph.D. in Mathematics at Michigan State University with emphasis in Numerical Analysis. He was an adjunct Professor at George Washington University, teaching undergraduate and graduate courses in mathematics and computer science, and undergraduate mathematics and statistics at Cape Cod Community College.

CAPE COD COMMUNITY COLLEGE WEST BARNSTABLE CAMPUS

WEDNESDAY (Continued)

**Politics, Current Events and
Other Matters from Around the World** **ALL942**
Wednesday 9:00-10:20 C-106
12 weeks 2/1-4/26 Limit: 25

An active discussion of politics, world events, local hoopla and other matters of interest to Cape Codders.

Coordinator: Stephen R. Pastore. Stephen is the president of the Emile Zola Society (USA) and was the only American named to the Council of Management of the Thomas Hardy Society (UK). He is a published novelist and playwright and has taught at the university level for over 30 years.

Mind and Matter **ALL718**
Wednesday 10:30-11:50 C-115
Second 6 weeks 3/22-4/26 Limit: 25

The relationship of mind to matter has puzzled philosophers and scientists for centuries. That matter affects mind – e.g. the influence of exercise and nutrition on mental acuity – is well known, but effects of mind on matter – seen in quantum physics and in the placebo effect, for example – are not well understood. This course explores these matters along with various theories of mind. Lectures, discussion, and brief readings.

Coordinator: Sydney Lamb. Before retiring Syd was a professor of linguistics and cognitive science at Rice University. He is the author of *Pathways of the Brain* (1999) and *Language and Reality* (2004). At A.L.L. he has taught courses in Mind and Belief, Mind and Matter, Mind and Music, and the Evolution of Brain and Language.

Great Books **ALL013**
Wednesday 10:30-11:50 C-106
12 weeks 2/1-4/26 Limit: 25

“Great Books”! Have you heard the term and wondered what it means? Learn how the shared inquiry discussion method is used as we read, question and discuss selections from some of the best literary works. This year, 2016-2017, we will be using the Great Books Series called *Great Conversations*, which focuses on various themes and uses selections from classic and contemporary works

in various genres and disciplines. Class members will be encouraged to contribute to discussions and sometimes volunteer to facilitate discussions, when and if they are comfortable.

Coordinators: Mary Joyce and Mary Beth Ellis. Mary and Beth are professional teachers, constant learners, and avid readers who encourage others to share ideas and insights in lively discussions of the readings.

Calling all Playwrights **ALL919**
Wednesday 12:00-1:20 C-115
First 6 weeks 2/1-3/8 Limit: 15

This is not a playwriting class, but rather a class of playwrights. Bring your works in progress, finished pieces, new play ideas to share with other writers to enjoy honest, but gentle feedback, and hopefully some staged readings at the end of the course. This is a great opportunity to explore and celebrate the unique perspective of the over 50 experience in theme and framework. Beginners most welcome!

Coordinator: June Bowser-Barrett. June is a member of the Merrimack Valley Playwrights and Playwrights' Platform, Boston. She was included in FEMNOIRE, the first Women's Playwriting Festival in Lowell in 2010, 2013, 2015. Her plays have been performed by Theatre with a Twist, Lexington, and Playwrights' Platform Festivals at the B.U. Walcott Theatre. Her latest full-length comedy, *FAIR XCHANGE* was a semi-finalist in the Neil Simon Theater's 2015 new play contest.

Key Conflicts in the Cold War **ALL865**
Wednesday 12:00-1:20 C-106
12 weeks 2/1-4/26 Limit: 25

This course will examine key moments and conflicts in the Cold War: its origins, the Yalta and Potsdam conferences in 1945, multiple crises over Berlin, the Korean Conflict, the Cuban Revolution and its aftermath, the Vietnam War and its effects, Middle East crises since 1945, various questions pertaining to China, the performance of American presidents from Truman to Clinton, and insights into the thinking of the Soviet leaders. Concluding questions include: Has a new Cold War broken out between the US and Russia? Is the new world order harder to manage than the Cold War standoff between the superpowers? The main text will be Stephen Ambrose and Douglas Brinkley, *Rise to Globalism: American Foreign Policy Since 1938*, Penguin Books,

**CAPE COD COMMUNITY COLLEGE
NORTH STREET CAMPUS**

WEDNESDAY (Continued)

10th edition, 2010. The first assignment is to read the Introduction and Chapters 2 and 3. Students are encouraged to participate in the weekly discussion and to make one oral presentation on an important event in The Cold War.

Coordinator: Richard Stewart. Richard has 43 years of experience in teaching history; he is in his second year of teaching in A.L.L.

FUNNY Business! How Humor Improves Life and Learning! **ALL927**

Wednesday 12:00-1:20 C-115
Second 6 weeks 3/22-4/26 Limit: 25

Sense of humor—what an invaluable survival tool we humans are endowed with that can “right the ship” with respect to coping with life’s challenges! Through lively discussion and activities that unleash our sense of humor, we’ll make important discoveries about how “humor lenses” work to improve life and learning. From politics to medicine to society to emotion, to you name it, humor can cut to the chase of what’s really going on. Take this Seinfeld analysis: “I’m so busy doing nothing...that the idea of doing anything—which as you know, always leads to something—cuts into the nothing and then forces me to have to drop everything.” See what I mean? (!)

Coordinator: Nina Greenwald, Ph.D. Nina is an educational psychologist in the Critical and Creative Thinking Graduate Program, UMass Boston. She is a published author and educational and business consultant/trainer with specializations in creative thinking and problem solving, problem-based learning, innovation and invention and humor and thinking. She is also an elected member of the Danforth Associates of New England, an organization of selected higher education faculty distinguished for excellence in teaching.

All About Dreams
Wednesday 1:30-2:50
First 6 weeks 2/1-3/8

ALL636
C-115
Limit: 15

Through discussion and lecture, the class will explore why we dream, the different types of dreams, and different theories about the meaning of dreams.

Coordinator: Linda Koehler. Linda has taught psychology for thirty years in diverse settings, including Mercy College in NY and Quincy College in MA. This will be her eighth semester teaching this course at A.L.L.

Personality Plus **ALL562**

Wednesday 1:30-2:50 C-115
Second 6 weeks 3/22-4/26 Limit: 20

Through a combination of lecture, handouts and lively participation, this course will examine such topics as personality traits and types, heredity vs. environment, theories of personality, and the public vs. private personality assessment.

Coordinator: Linda Koehler. Linda has taught psychology for thirty years in diverse settings, including Mercy College in NY and Quincy College in MA. This will be her eighth semester teaching this course at A.L.L.

Women in Literature **ALL479**

Wednesday 1:30-2:50 C-106
12 weeks 2/1-4/26 Limit: 25

This is a reading and discussion course examining the roles, nature, and relationships of women through fiction, poetry, drama, and essays. We will continue to study the autobiographical writings of 20th-century women writers and their “connectedness of self and story” - their own lived experience and the narratives they created from such experience. The text is *Writing Women’s Lives: An Anthology of Autobiographical Narratives by Twentieth-Century American Women Writers* (edited by Susan Cahill). Read the Introduction and bring the text to the first class. The authors and readings will be different from those covered in the Fall 2016 class.

Coordinator: Elaine Horne. Elaine is a retired Professor of English and English Department Chair at Manchester Community College in Connecticut, where she taught full time for 19 years. Prior to that, she was an adjunct professor at Central Connecticut State University and Greater Hartford Community College.

CAPE COD COMMUNITY COLLEGE WEST BARNSTABLE CAMPUS

WEDNESDAY (Continued)

Far From the Madding Crowd, Revisited ALL933
Wednesday 3:00-4:20 C-115
First 6 weeks 2/1-3/8 Limit: 25

We will be revisiting one of Thomas Hardy's literary classics, *Far From the Madding Crowd*, from a feminist perspective, answering the question: Why did Hardy allow a second chance and happy ending for heroine Bathsheba Everdene, when his other famous heroines were doomed to a dismal fate? In addition to reading (or re-reading) the novel, we will view both the classic film from the 60's starring Julie Christie and Alan Bates, and scenes from the latest contemporary PBS Masterpiece Theatre production. Please read the first ten chapters for the first class.

Coordinator: Pat Stover. Pat, a feminist activist on the Cape in the 70's, has been enjoying offering courses for A.L.L. from a feminist perspective, ranging from a history of the Women's Movement and the women of the Mad Men TV series, to revisiting literary classics *Jane Eyre* and *Pride and Prejudice*.

Beginning Watercolor ALL711
Wednesday 2:30-5:30 Tilden Arts Ctr. Building
Second 6 weeks 3/22-4/26 Limit: 10

This class will introduce beginners to drawing and perspective principles needed to complete a watercolor composition using the dry and wet-on-wet approaches. Following the class demonstration, students will work on their own paintings with the guidance of the teacher. The extended time (2:30-5:30) will give students time to set up, work, and clean up after each class. Note: The coordinator will send enrolled students a list of required materials (estimated cost \$150) prior to the first class. Please notify the office if you do not receive a list of materials at least two weeks before the class starts.

Coordinator: Mary Lou Mack. Mary Lou has been painting for many years. She has concentrated on watercolor since 1981 when she started taking classes at Bay Path College in Longmeadow, MA. Since then she has traveled and painted landscapes and seascapes on three continents. She has exhibited her work in galleries, one and two women shows, and juried exhibitions.

THURSDAY

Sophocles' Theban Plays: Antigone, Oedipus the King, and Oedipus at Colonus ALL922
Thursday 9:00-10:20 C-115
First 6 weeks 2/2-3/9 Limit: 25

Sophocles wrote some of the most powerful dramas ever created. These three plays, written between 441 and 401 B.C.E., ask age-old questions about human life. Do our actions represent treachery or devotion, chance or choice, guilt or innocence? We'll look at how Sophocles answered these questions over the course of his lifetime and what impact the changing political status of Athens had on his answers. Please bring a copy of *Antigone* (any translation) to the first class.

Coordinator: Nancy Yee. Nancy is a former English department chairperson and Professor Emerita at Fitchburg State University. She was first struck by the power and beauty of Greek drama when teaching it to college freshmen more than fifty years ago.

From Page to Stage ALL926
Thursday 9:00-10:20 C-115
Second 6 weeks 3/23-4/27 Limit: 25

Theater is a craft. Between "page" and "stage" a crew of craftspeople work together to make the magic the audience hopes to see when live people tell a story as its been told to audiences for three millennia. This course explains the Oz-like working behind the scenes.

Coordinator: June Calender. June worked with a professional regional theatre in many capacities, including dramaturg, for 10 years. She worked in NYC as a playwright for nearly 25 years. She's never lost her awe of the talent that is needed to produce live theatre.

CAPE COD COMMUNITY COLLEGE WEST BARNSTABLE CAMPUS

THURSDAY (Continued)

Masterpieces of the National Gallery London **ALL890**

Thursday 9:00-10:20 C-106
12 weeks 2/2-4/27 Limit: 25

The course is based on 12 lectures by Professor Catherine B. Scallen covering the origins of the National Gallery and its collection. Additional slides will be shown and discussed.

Coordinators: David Johnston and Chris Johnston. David and Chris have collaborated on several courses dealing with science and art history.

Great Decisions **ALL925**

Thursday 10:30-11:50 C-115
Second 6 weeks 3/23-4/27 Limit: 25

This Foreign Policy Association-sponsored discussion course will examine major foreign policy issues confronting the U.S. The issues will include China and the South China Sea, Saudi Arabia in transition, oil and the world. A video presentation will be followed by a 10-page outline of the issue. The 2017 Great Decisions handbook can be purchased online through Great Decisions for \$25.

Coordinators: Paul Arnold and Jim Connolly. Paul and Jim conducted this course in the Fall 2016. Paul is a past president of A.L.L.

Sports Talk - Hot Stove League **ALL276**

Thursday 10:30-11:50 C-106
12 weeks 2/2-4/27 Limit: 25

We welcome knowledgeable sports fans to come together to discuss sports in general with a greater emphasis on those sports which are in season. Occasional special guests will bring and share their unique experience and background with the class.

Coordinators: Bob Clever and Alan Dewar. Both Bob and Alan were teachers and sports fans. Alan, a native of New England, and Bob, from the Chicago area, each bring a different perspective and experience to the discussions.

It Takes a Village **ALL934**

Thursday 12:00-1:20 C-106
Second 6 weeks 3/23-4/27 Limit: 25

The African proverb "It takes a village to raise a child" has been used by many. In this class we will focus on the idea of community in society and its significance to human connectedness, something that is implied in the proverb. Topics include community and civil society, community and religion, community and the environment, community as a mediating structure between government and families, and community organizing.

Coordinator: Marilyn Nouri. Marilyn is a retired professor of Sociology at the State University of New York, Oneonta. She has taught several classes at A.L.L. including Reading Data, Social Issues that Politicians need to Address, Being Mortal, and The Life Course.

Understanding Art **ALL870**

Thursday 12:00-1:20 C-115
Second 6 weeks 3/23-4/27 Limit: 16

The course will focus on the visual arts between the 16th and 20th centuries. Students will collaborate and discuss how we perceive what we see. How does art affect us? Images, history, and techniques will be addressed. There will be a few minutes of writing in every class.

Coordinator: Suzanne Finney. Suzanne has a BFA from George Washington University. While living in Washington, D.C., she curated international exhibitions.

Loving the Short Story **ALL055**

Thursday 1:30-2:50 C-106
12 weeks 2/2-4/27 Limit: 25

The students will discuss two stories at each session, sharing ideas and perceptions to enhance the understanding of the writings. The text for this course will be *O. Henry Prize Stories*, 2016, edited by Laura Furman. The assignment for the first class: Please read the Introduction; "Irises" by Elizabeth Genovise; and "The Mongerji Letters" by Geetha Iyer.

Coordinators: Sheryl Lajoie and Elizabeth Moylan. Sheryl has led this class for many years and thoroughly enjoys reading, analyzing the stories and gaining amazing insights from class participants. Betty shares the love of short stories and is a valuable asset to the short story discussions.

CAPE COD COMMUNITY COLLEGE WEST BARNSTABLE CAMPUS

THURSDAY (Continued)

Gathering and Cooking Cape Seafood **ALL043**
Thursday 3:00-4:20 C-106
12 weeks 2/2-4/27 Limit: 25

Learn about Cape seafood regulations and the necessary licenses, the equipment needed and where to find Cape seafood and how to cook it. Field trips and a variety of guest speakers will be included. Many handouts will include great seafood recipes.

Coordinator: Peter Bogar. Peter has had extensive experience with Cape seafood since his teen years. This will be his tenth year with this course.

Current National and International Events **ALL048**
Thursday 3:00-4:30 C-115
12 weeks 2/2-4/27 Limit: 25

Participants will be encouraged to express ideas, opinions, and points of view about national and international issues. Class members will have the opportunity to make presentations and lead discussions. We will explore breaking news and encourage active critical and analytical debate. There is no text required for this class.

Coordinators: Ron Glantz and Joe Werner. Ron and Joe have been active participants in this class for many years.

FRIDAY

Introduction to Nichiren Buddhism **ALL866**
Friday 9:00-10:20 C-106
Second 6 weeks 3/24-4/28 Limit: 25

Back by popular demand! Let's explore this invigorating teaching of hope, victory, and personal discovery. We will delve into learning about our interconnectedness with all life and how to tap into the enlightened nature we already possess. We will see how these profound Buddhist teachings can enrich our daily lives. Past participants have found it fun and enriching.

Coordinators: Susan Whalley and Steve Piontek. Susan, a semi-retired school counselor, has been a practicing Nichiren Buddhist for 40 years. Steve is a retired magazine editor and has been practicing Nichiren Buddhism for nearly 43 years.

Writing: True and Right **ALL906**
Friday 10:30-11:50 C-115
12 weeks 2/3-4/28 Limit: 15

You know how to write, but now you want to write what you know is true and want to write it right--with interest. This is a skills course, with commas and hyphen, of course. Mostly, you will write exercises to make your writing truer, more fun to write, and more fun to read. We'll have writing in class, discussions, and short assignments. Come with paper and pen.

Coordinator: June Calender. June has written in every form and published in most. She was a playwright in NYC for 25 years. Currently she publishes in small literary journals. She edits (with a great committee) the A.L.L. anthology, *Reflections*.

Films Based on Great Books **ALL939**
Friday 10:30-11:50 C-106
12 weeks 2/3-4/28 Limit: 25

This course will study modern movies that are based on literature. Films will be watched independently by students outside of class and discussed during class.

Coordinator: Stephen Pastore. Stephen is the president of the Emile Zola Society (USA) and was the only American named to the Council of Management of the Thomas Hardy Society (UK). He is a published novelist and a playwright and has taught at the university level for over 30 years.

Carole King: Voice of Generations **ALL924**
Friday 12:00-1:20 C-106
Second 6 weeks 3/24-4/28 Limit: 25

In this course we will explore Carole King's music, accomplishments and legacy in and beyond the world of music. Carole speaks to generations through decades of songs, honesty, and action (for example, working to preserve the Northern Rockies wilderness). Course participants are invited to read Carole's candid 2012 memoir, *Carole King: A Natural Woman*, but this is not a requirement for the course. Her memoir inspired the successful Broadway musical *Beautiful*.

Coordinator: Nancy Weida. Nancy is a retired university professor who began her academic career by joining an all male management department. She was the first woman to earn tenure in this department, and also the first woman to chair it. She taught quantitative analysis, operations management, and statistics, and later added courses on women in the workplace.

CAPE COD COMMUNITY COLLEGE WEST BARNSTABLE CAMPUS

FRIDAY (Continued)

Thinking About Thinking **ALL935**
Friday 12:00-1:20 C-115
12 weeks 2/3-4/28 Limit: 20

We will discuss an eclectic mix of topics including psychology, philosophy, science, current events and whatever happens to catch the class's interest. Possible texts to be referenced: *God: A Biography; Thinking Fast; Thinking Slow; Guns, Germs and Steel*. We hope for robust class participation.

Coordinator: Josephine Glazebrook. Josephine is a self-employed crafts person with a boundless curiosity and plenty of time to research and think about a variety of issues.

An Introduction to the Card Game Bridge **ALL910**
Friday 1:30-2:50 C-115
12 weeks 2/3-4/28 Limit: 18

Learn the basics of the most popular card game in the world: bidding, play of the hand, scoring, and strategy. Beginner handbook will be provided by the coordinator.

Coordinator: Christopher Senie. Christopher is an attorney who learned the game of bridge with a group of friends and an excellent teacher. He loves to share the joy of this game with others.

Basics of Estate Planning **ALL878**
Friday 3:00-4:20 C-115
Second 6 weeks 3/24-4/28 Limit: 25

This updated course covers the basics of estate planning: advance care directives, power of attorney, health care proxy, wills and trusts, administration of estates, estate taxation and Mass Health / Medicaid and nursing home decisions.

Coordinator: Arthur Crooks. Arthur is an estate planning and elder law attorney with over 30 years in practice. He serves as Chairman of the Dennis Council on Aging. Arthur has taught this course at A.L.L. for 10+ years.

The Doc is In **ALL433**
Friday 1:00-4:00 Multimedia Ctr. (Wilkins Library)
12 weeks 2/3-4/28 Limit: 30

These are not your mother's documentaries. Today's docs inspire, educate, elucidate and entertain. They have become so popular that there are entire film festivals devoted to them, and they are the intellectual darlings of Sundance. We screen docs on subjects as diverse as the arts, environment, science and politics, and from whimsical to sobering. Discussions are lively with opinions encompassing diverse points of view.

Coordinators: Lili Seely and Leslie Mathis.

Lili discovered fine film in her teens and has been in pursuit of the "great ones" ever since. She has worked or volunteered at many film festivals and art cinemas and is passionate about film as an artistic medium.

CAPE COD COMMUNITY COLLEGE NORTH STREET CAMPUS

WEDNESDAY

Highlighting the Darker Side of Chocolate **ALL907**
Wednesday 10:30-11:50 Hyannis North St. Campus
Second 6 weeks 3/22-4/6 Limit: 20

Beginning with the ancient history of chocolate to our modern day medical fascination with it, chocolate, the food of the gods, will be analyzed. The film documentary, *The Darker Side of Chocolate* will enable class members to decide for themselves to what extent they will accept the use of slave labor by big business in the chocolate industry. The final class features virtual chocolate tours of Boston, New York City, Cape Cod and places in between.

Coordinator: Cindy Scanlon. Cindy, a 30-year veteran teacher in secondary education in Connecticut, has published articles in the Harford Courant. She has had a love/hate relationship with chocolate for many decades.

CAPE COD COMMUNITY COLLEGE NORTH STREET CAMPUS

TUESDAY

Pilgrims, Puritans, and Early Cape Cod History **ALL720**
 Tuesday 1:30-2:50 Hyannis North St. Campus
 Second 6 weeks 3/21-4/25 Limit: 22

Explore the life and times of the Pilgrims and Puritans before and after their arrival on Cape Cod. Follow the religious and political upheaval that forced them to relocate to Holland and then to New England. Study the exploration and exploitation from 1500-1620 along with the fur trade, colonization, and peaceful/hostile relations with the Native Americans. Discuss how the achievements of the Plimoth Colony affect your life today: Bill of Rights, separation of church and state, civil marriages, selectman form of government, and America's first constitution. Each student is loaned a resource notebook for the duration of the course. Preliminary material will be emailed prior to the first session.

Coordinators: Francis Robinson and Dorothy Robinson. Francis and Dorothy are former CT educators with advanced degrees in history and education. In retirement Fran was a Mystic Seaport Interpreter. They are co-authors of numerous historical genealogies.

THURSDAY

The Writing Incubator **ALL780**
 Thursday 3:30-5:00 Hyannis North St. Campus
 12 weeks 2/2-4/27 Limit: 16

In the literary world, an incubator is a group of like-minded people who provide space and time while offering encouragement and mentoring to accomplish writing goals. This is a class that permits and encourages the formation and development of new ideas and stories. We encourage all genres of writing.

Coordinators: Nancy Viall Shoemaker, Wade Sayer, and Peter Stringer. Nancy is a printer, graphic designer, photographer, in love with Cape Cod history. Wade's masterful writing runs from children's books to gritty and powerful chronicles of the Vietnam War. A native Cape Codder, Pete is a local sports celeb and writer, and a long distance runner with many previous lives.

MASHPEE SENIOR CENTER MASHPEE

TUESDAY

Current Events **ALL431**
 Tuesday 10:45-12:15 Mashpee Senior Center
 12 weeks 1/31-4/25 Limit: 18

Each week we will discuss current events in our town, state, country and the world. Participation is the key to an exciting class.

Coordinator: Dr. Robert Calzini. Robert has been in education for four decades. He has taught in the U.S. and in Europe for the Dept. of Defense. He has taught Current Events in Mashpee for many years and continues to enjoy the diversity of views the class offers on a wide range of topics.

WEDNESDAY

Medical Ethics **ALL805**
 Wednesday 9:00-10:30 Mashpee Senior Center
 Second 6 weeks 3/22-4/26 Limit: 25

This course will use case presentations and discussion of alternate choices that arise in medicine and public health. Topics will include ethical issues in catastrophic illness, beginning of life, allocation of scarce resources, human experimentation, and public health emergencies. New cases are selected each term.

Coordinator: Marc Silverstein. Marc is a retired Professor of Medicine and a member of the Ethics Committees of Cape Cod Hospital and Falmouth Hospital. He is the author of more than 100 peer-reviewed articles.

THURSDAY

Water: A Resource In Transition **ALL887**
 Thursday 10:45-12:15 Mashpee Senior Center
 12 weeks 2/2-4/27 Limit: 25

We will discuss the current status of water around the world in the first six weeks. In the second six weeks, we will discuss how to rectify these problems.

Coordinator: Stew Goodwin. After 35 years in the investment business and retiring to the Cape, Stew has taught a variety of courses at A.L.L. for the past decade.

Course Schedule

Day	Block Time	Session	From-To	ALL #	Course Title	Location	Coordinator(s)
Monday	9:00-10:20	First 6 weeks	1/30-3/13	ALL923	The Great Puccini Operas	C-115	Steve Piontek
Monday	9:00-10:20	Second 6 weeks	3/20-5/1	ALL902	The Seven Great Operas of Mozart	C-115	Steve Piontek
Monday	9:00-10:20	12 weeks	1/30-5/1	ALL936	Alexander the Great and the Hellenistic Age	C-106	Paula Stefani
Monday	10:30-11:50	First 6 weeks	1/30-3/13	ALL857	Mercy Otis Warren: Muse of the Revolution	C-106	Lew Taylor
Monday	10:30-11:50	First 6 weeks	1/30-3/13	ALL915	Off Loom Beading - Section A	C-115	Kathleen Taylor
Monday	10:30-11:50	Second 6 weeks	3/20-5/1	ALL917	Washington and Jefferson	C-106	Lew Taylor
Monday	10:30-11:50	Second 6 weeks	3/20-5/1	ALL915	Off Loom Beading - Section B	C-115	Kathleen Taylor
Monday	12:00-1:20	First 6 weeks	1/30-3/13	ALL928	History of Rock 'n' Roll -- The 50s	C-106	Lew Taylor
Monday	12:00-1:20	Second 6 weeks	3/20-5/1	ALL929	History of Rock 'n' Roll -- The 60s	C-106	Lew Taylor
Monday	12:00-1:20	First 6 weeks	1/30-3/13	ALL932	Bead Weaving: Moving On - Section A	C-115	Kathleen Taylor
Monday	12:00-1:20	Second 6 weeks	3/20-5/1	ALL932	Bead Weaving: Moving On - Section B	C-115	Kathleen Taylor
Monday	1:30-2:50	Second 6 weeks	3/20-5/1	ALL918	The Indian Wars - 1860 - 1890	C-115	Frank Cuphone
Monday	3:00-4:20	First 6 weeks	1/30-3/13	ALL931	Become a Craftsperson in Six "Easy" Lessons - Section A	C-115	Gershen Rosenblum
Monday	3:00-4:20	Second 6 weeks	3/20-5/1	ALL931	Become a Craftsperson in Six "Easy" Lessons - Section B	C-115	Gershen Rosenblum
Monday	1:30-2:50	12 weeks	1/30-5/1	ALL938	The Third Reich	C-106	Stephen Pastore
Tuesday	9:00-10:20	12 weeks	1/31-4/25	ALL920	Putin's Game Plan	C-106	Stew Goodwin
Tuesday	9:00-10:20	12 weeks	1/31-4/25	ALL921	Reviewing the Legends II	C-115	Jim Perry
Tuesday	10:30-11:50	First 6 weeks	1/31-3/7	ALL930	Rachel Carson's Silent Spring and its Relevance Today	C-115	Anne Southworth
Tuesday	10:30-11:50	First 6 weeks	1/31-3/7	ALL789	History of Wired and Wireless Communications on the Cape and Islands	C-106	Gilmore Cook
Tuesday	12:00-1:20	Second 6 weeks	3/21-4/25	ALL940	Merchants of Doubt	C-106	Barbara Leedom

Course Schedule

Day	Block Time	Session	From-To	ALL #	Course Title	Location	Coordinator(s)
Tuesday	12:00-1:20	12 weeks	1/31-4/25	ALL644	A Discussion of Current Events	C-115	Jay LaFrance
Tuesday	12:00-1:20	First 6 weeks	1/31-3/7	ALL943	Landmarks in Medicine	C-106	Raymond Partridge
Tuesday	1:30-2:50	Second 6 weeks	3/21-4/25	ALL720	Pilgrims, Puritans, and Early Cape Cod History	Hyannis North Street Campus	Francis Robinson and Dorothy Robinson
Tuesday	1:30-2:50	12 weeks	1/31-4/25	ALL029	Conversational French	C-106	Lore DeBower
Tuesday	3:00-4:20	First 6 weeks	1/31-3/7	ALL941	Food: Abundance and Scarcity	C-106	Judith Blau
Tuesday	1:30-4:00	12 weeks	1/31-4/25	ALL077	So You Want to Be a Poet	C-115	Peter Saunders, Ph.D. and Victoria Branigan
Tuesday	10:45-12:15	12 weeks	1/31-4/25	ALL431	Current Events	Mashpee Senior Center	Dr. Robert Calzini
Wednesday	9:00-10:20	Second 6 weeks	3/22-4/26	ALL888	Introduction to iOS for the iPhone and iPad	C-115	Wayne Hoover
Wednesday	9:00-10:20	12 weeks	2/1-4/26	ALL942	Politics, Current Events and Other Matters from Around the World	C-106	Stephen R. Pastore
Wednesday	10:30-11:50	Second 6 weeks	3/22-4/26	ALL907	Highlighting the Darker Side of Chocolate	Hyannis North Street Campus	Cindy Scanlon
Wednesday	10:30-11:50	Second 6 weeks	3/22-4/26	ALL718	Mind and Matter	C-115	Sydney Lamb
Wednesday	10:30-11:50	12 weeks	2/1-4/26	ALL013	Great Books	C-106	Mary Joyce and Mary Beth Ellis
Wednesday	12:00-1:20	First 6 weeks	2/1-3/8	ALL919	Calling all Playwrights	C-115	June Bowser-Barrett
Wednesday	12:00-1:20	12 weeks	2/1-4/26	ALL865	Key Conflicts in the Cold War	C-106	Richard Stewart
Wednesday	12:00-1:20	Second 6 weeks	3/22-4/26	ALL927	FUNNY Business! How Humor Improves Life and Learning!	C-115	Nina Greenwald
Wednesday	1:30-2:50	First 6 weeks	2/1-3/8	ALL636	All About Dreams	C-115	Linda Koehler
Wednesday	1:30-2:50	Second 6 weeks	3/22-4/26	ALL562	Personality Plus	C-115	Linda Koehler
Wednesday	1:30-2:50	12 weeks	2/1-4/26	ALL479	Women in Literature	C-106	Elaine Horne
Wednesday	3:00-4:20	First 6 weeks	2/1-3/8	ALL933	Far From the Madding Crowd, Revisited	C-115	Pat Stover
Wednesday	2:30-5:30	Second 6 weeks	3/22-4/26	ALL711	Beginning Watercolor	Tilden Arts Center Building	Mary Lou Mack

Course Schedule

Day	Block Time	Session	From-To	ALL #	Course Title	Location	Coordinator(s)
Wednesday	9:00-10:30	Second 6 weeks	3/22-4/26	ALL805	Medical Ethics	Mashpee Senior Center	Marc Silverstein
Thursday	9:00-10:20	First 6 weeks	2/2-3/9	ALL972	Sophocles' Theban Plays: Antigone, Oedipus the King, and Oedipus at Colonus	C-115	Nancy Yee
Thursday	9:00-10:20	Second 6 weeks	3/23-4/27	ALL926	From Page to Stage	C-115	June Calender
Thursday	9:00-10:20	12 weeks	2/2-4/27	ALL890	Masterpieces of the National Gallery London	C-106	David Johnston and Chris Johnston
Thursday	10:30-11:50	Second 6 weeks	3/23-4/27	ALL925	Great Decisions	C-115	Paul Arnold and Jim Connolly
Thursday	10:30-11:50	12 weeks	2/2-4/27	ALL276	Sports Talk - Hot Stove League	C-106	Bob Clever and Alan Dewar
Thursday	12:00-1:20	Second 6 weeks	3/23-4/27	ALL934	It Takes a Village	C-106	Marilyn Nouri
Thursday	12:00-1:20	Second 6 weeks	3/23-4/27	ALL870	Understanding Art	C-115	Suzanne Finney
Thursday	1:30-2:50	12 weeks	2/2-4/27	ALL055	Loving the Short Story	C-106	Sheryl Lajoie and Elizabeth Moylan
Thursday	3:00-4:20	12 weeks	2/2-4/27	ALL043	Gathering and Cooking Cape Seafood	C-106	Peter Bogar
Thursday	10:45-12:15	12 weeks	2/2-4/27	ALL887	Water: A Resource In Transition	Mashpee Senior Center	Stew Goodwin
Thursday	3:00-4:30	12 weeks	2/2-4/27	ALL048	Current National and International Events	C-115	Ron Glantz and Joe Werner
Thursday	3:30-5:00	12 weeks	2/2-4/27	ALL780	The Writing Incubator	Hyannis North Street Campus	Nancy Viall Shoemaker, Wade Sayer, and Peter Stringer
Friday	9:00-10:20	Second 6 weeks	3/24-4/28	ALL866	Introduction to Nichiren Buddhism	C-106	Susan Whalley and Steve Piontek
Friday	10:30-11:50	12 weeks	2/3-4/28	ALL906	Writing: True and Right	C-115	June Calender
Friday	10:30-11:50	12 weeks	2/3-4/28	ALL939	Films Based on Great Books	C-106	Stephen Pastore
Friday	12:00-1:20	Second 6 weeks	3/24-4/28	ALL924	Carole King: Voice of Generations	C-106	Nancy Weida
Friday	12:00-1:20	12 weeks	2/3-4/28	ALL935	Thinking About Thinking	C-115	Josephine Glazebrook
Friday	1:30-2:50	12 weeks	2/3-4/28	ALL910	An Introduction to the Card Game Bridge	C-115	Christopher Senie
Friday	3:00-4:20	Second 6 weeks	3/24-4/28	ALL878	Basics of Estate Planning	C-115	Arthur Crooks
Friday	1:00-4:00	12 weeks	2/3-4/28	ALL433	The Doc is In	Multimedia Ctr. (Wilkens Library)	Lili Seely and Leslie Mathis

REGISTRATION FORM — SPRING 2017

www.capecodall.org

Academy for Lifelong Learning Cape Cod Community College

2240 Iyannough Road
West Barnstable, Ma 02668-1599
508.362.2131 x 4400

FOR OFFICE USE ONLY

CK# _____ Amount _____
Reg. Forms #1 ___ #2 ___ #3 ___
Coordinator 1 ___ 2 ___ 3 ___
Legacy _____

Please review the **REGISTRATION INFORMATION** in the catalog before completing your form.

The best way to contact me is: By Phone _____ By Email _____

First Name: _____ Middle Initial: _____ Last Name: _____ Home Phone: _____

Address: _____ Cell Phone: _____

City: _____ State: _____ Zip: _____ Email: _____

Emergency Contact (required): _____ Phone: _____ Relationship: _____
Date of Birth _____

Is this a **NEW ADDRESS** since your last registration? Yes No

I am a **FIRST TIME** member of A.L.L. How did you learn about A.L.L.? _____

Single coordinator Co-coordinator Tri-coordinator (see registration information) Legacy Lifetime

Please contact me about "coordinator/assistant coordinator" opportunities. Yes No

For the \$105 membership fee you may select from the following options. (make check payable to A.L.L.)

four 6-week courses **two** 12-week courses **one** 12-week course & **two** 6-week courses

Please list courses **in order of preference**, including alternate choices. If no alternate choices are listed, it is assumed that none are desired. (Students may join unfilled classes at no additional cost. See "Open Seating" policy in catalog.)

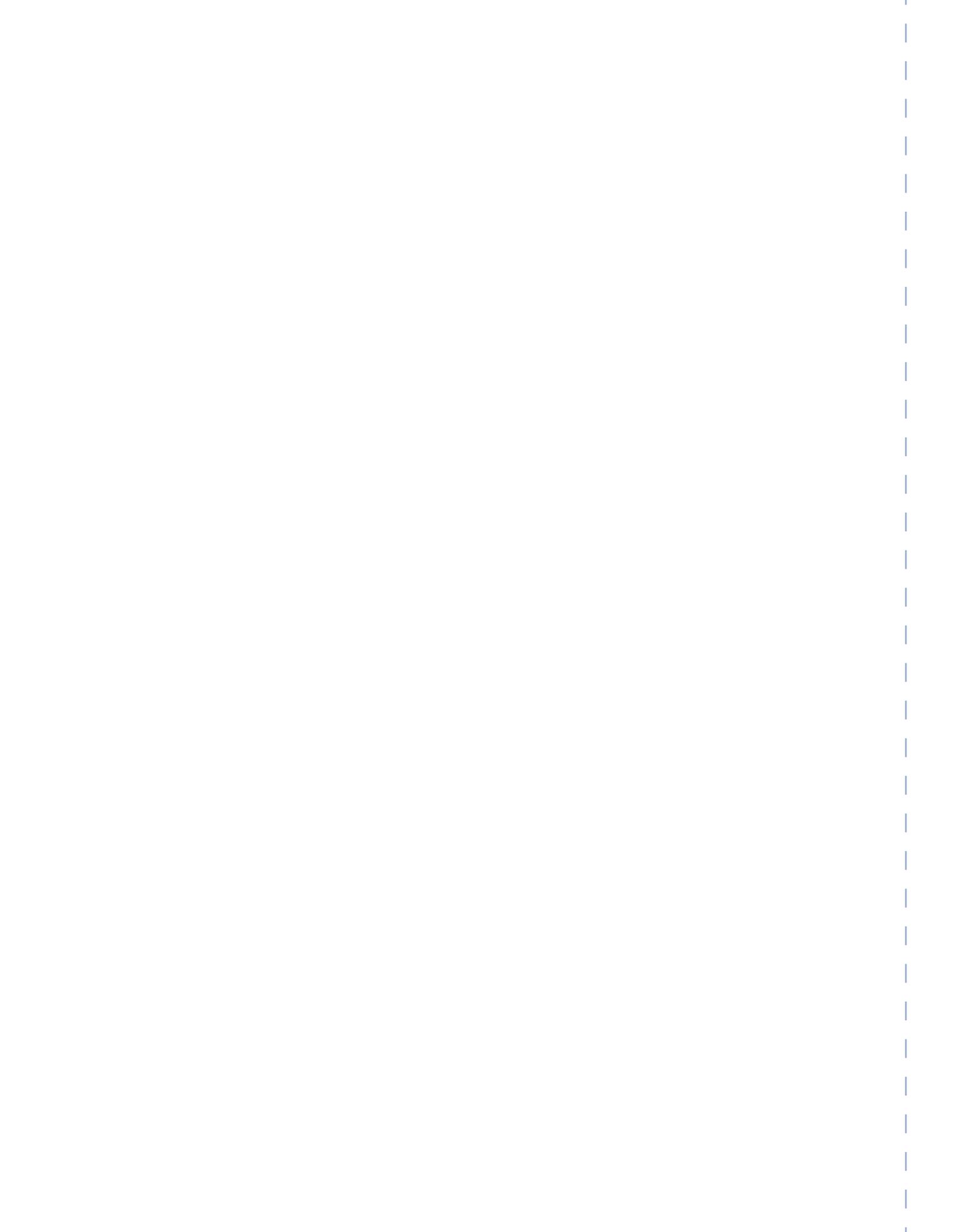
(off. use)	Course #	Course Name	Day	Time	# weeks	(off. use)
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_____	1. ALL _____	_____	_____	_____	_____	_____
_____	2. ALL _____	_____	_____	_____	_____	_____
_____	3. ALL _____	_____	_____	_____	_____	_____
_____	4. ALL _____	_____	_____	_____	_____	_____

Alternate Choices in the event preferred courses are full

_____	1. ALL _____	_____	_____	_____	_____	_____
_____	2. ALL _____	_____	_____	_____	_____	_____
_____	3. ALL _____	_____	_____	_____	_____	_____
_____	4. ALL _____	_____	_____	_____	_____	_____

The A.L.L. office will be open at 9:00 a.m. on Monday January 9 for mail delivery and hand-delivered registration forms. No preference will be given to early postmarks, delivery date or place in line on January 9, 2017. We encourage you to submit your form by mail rather than in person on registration day.





Board of Directors 2016-2017

Jim Lathrop	President	2018
Dr. Raymond Partridge	Vice President	2018
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Michael Pigo-Cronin	Clerk	2018
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Academy for Lifelong Learning

Cape Cod Community College

2240 Iyannough Road • West Barnstable, MA 02668-1599

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College Hot Line (for school closing information): (508) 375-4070