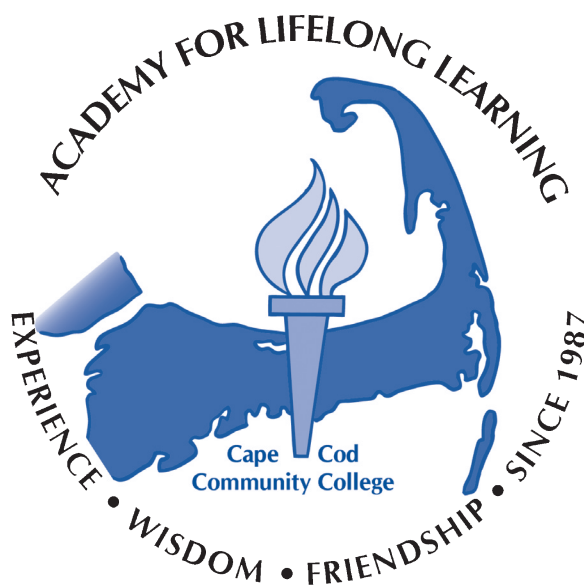


Spring 2021
**Course
Catalog**

Volume 20 Number 1

**ACADEMY
FOR
LIFELONG
LEARNING**
of Cape Cod, Inc.



**Academy for Lifelong Learning
Cape Cod Community College**

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www.capecodall.org

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something new,
Connect
with others,
Volunteer
and make new friends.

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The Academy for Lifelong Learning

Spring Calendar 2021

Registration begins	Monday, January 11 at 9 a.m.
New Member Orientation	Cancelled
Coordinators' Luncheon	Cancelled
Spring Classes begin	Monday, February 1
First six-week classes end	Monday, March 15
Second six-week classes begin	Monday, March 22
Classes end	Monday, May 3

Holidays – no classes

Presidents' Day	Monday, February 15
Spring Recess	Tuesday-Friday, March 16-19
Patriots' Day	Monday, April 19

Beginning and end dates of courses:

12-week courses		First 6 weeks		Second 6 weeks	
Mondays:	2/1 – 5/3	Mondays:	2/1 – 3/15	Mondays:	3/22 – 5/3
Tuesdays:	2/2 – 4/27	Tuesdays:	2/2 – 3/9	Tuesdays:	3/23 – 4/27
Wednesdays:	2/3 – 4/28	Wednesdays:	2/3 – 3/10	Wednesdays:	3/24 – 4/28
Thursdays:	2/4 – 4/29	Thursdays:	2/4 – 3/11	Thursdays:	3/25 – 4/29
Fridays:	2/5 – 4/30	Fridays:	2/5 – 3/12	Fridays:	3/26 – 4/30

Fall Calendar 2021

Registration begins	Monday, August 23 at 9 a.m.
New Member Orientation	TBA
Coordinators' Luncheon	TBA
Fall Classes begin	Monday, September 13
First six-week classes end	Monday, October 25
Second six-week classes begin	Tuesday, October 26
Classes end	Thursday, December 16

Holidays – no classes

Columbus Day	Monday, October 11
Veterans Day (observed)	Thursday, November 11
Thanksgiving Break	Tuesday-Friday, November 23-26

Beginning and end dates of courses:

12-week courses		First 6 weeks		Second 6 weeks	
Mondays:	9/13 – 12/6	Mondays:	9/13 – 10/25	Mondays:	11/1 – 12/6
Tuesdays:	9/14 – 12/7	Tuesdays:	9/14 – 10/19	Tuesdays:	10/26 – 12/7
Wednesdays:	9/15 – 12/8	Wednesdays:	9/15 – 10/20	Wednesdays:	10/27 – 12/8
Thursdays:	9/16 – 12/16	Thursdays:	9/16 – 10/21	Thursdays:	10/28 – 12/16
Fridays:	9/17 – 12/10	Fridays:	9/17 – 10/22	Fridays:	10/29 – 12/10

A Message from Our President

We at the Academy for Lifelong Learning hope this finds all of you safe and in good health!

Our fall 2020 semester, using the Zoom platform as our remote-learning classroom format, gave our members the opportunity to reconnect with old friends and even make new ones while avoiding any health risks. The general membership response, based on a few informal surveys, has been quite positive. Like all of you, we look forward to the time when we can safely resume our face-to-face classes. Meanwhile, we sincerely hope that more members will try our Zoom class format. Our spring 2021 semester will also be only on Zoom.

This Spring 2021 catalog will ONLY be an electronic version posted on our website, www.capecodall.org. This catalog includes class listings, an explanation of the registration process including the registration form, and information about on-line class protocols, as well as advice for using Zoom.

We very much miss being with each other in person, both in classes and at social events, but the health and safety of our members is our priority. Like you we are developing a level of comfort with the technology, and we intend to do whatever we can to offer our members a wide variety of interesting and fun learning experiences. Meanwhile, please stay healthy and safe.

Jim Lathrop, *President*

From the Curriculum Committee

Welcome to the Spring 2021 semester of the Academy for Lifelong Learning of Cape Cod. We are so grateful for all the support we have received from our coordinators and from the ALL community at large. Thanks to you, lifelong learning is zooming ahead – despite all the challenges we have faced and are continuing to face in the months ahead. The richness of our program reflects the skills, talents, and passions of our coordinators. We encourage those of you with a special interest of your own to share it with us. Please consider offering a course in the next semester or beyond.

Registration opens on Monday, January 11, 2021. Classes begin on February 1, 2021. All registration forms must be mailed to us at Cape Cod Community College. Due to the pandemic, forms cannot be dropped off. If you are enrolled in a class but find that you cannot attend, please notify the ALL office at (774) 330-4400 so the coordinator can contact a person on the waiting list to take your place. We appreciate your suggestions and look forward to learning together.

Miriam Kronish, *Chair*

ALL Curriculum Committee

Mike Baker, Miriam Kronish, Dick Stewart, Henry Tamzarian, David Wright, Nancy Yee

Note: The views and opinions expressed in classrooms are strictly those of our coordinators, their guest speakers, and on occasion, can be controversial.

Welcome to ALL

Course Selection

For your planning purposes, a consolidated list of courses arranged by day and time appears after the course descriptions in this catalog, which will also be posted on our website www.capecodall.org. Please complete the course selection area of the registration form using each course number, name, day, and time. If possible, please complete your form using your computer, tablet, or phone BEFORE printing. A member can select up to four 6-week classes per semester, two 12-week classes, or one 12-week and two 6-week classes.

Class sizes may vary, so it is important to list alternatives in case your first-choice classes are filled. If no alternatives are listed, and your first-choice classes are full, it will be assumed that none are desired and your payment will be refunded after all registrations are processed.

Registration

Registration processing begins Monday, January 11, and all members will have an equal chance of getting their course choices if their completed registration forms with a signed check are received in the mail by Friday, January 8. Registrations received after that date will be processed daily but not until the original group is processed. Be sure to include a check for the membership fee, currently \$105, made out to ALL. Unfortunately, we cannot accept credit cards and debit cards.

If possible, please complete your form using your computer, tablet, or phone BEFORE printing. Please also make a copy of your completed registration form for your records.

To ensure a fair assignment of classes, ALL uses a random selection process. No preference will be given to early postmarks. Any incomplete section may delay the processing of your registration form and missing or unsigned checks will cause your place in the queue to be lost. Please prioritize your course selections on the numbered registration form and include alternate choices in the event that your selections are full. We will attempt to contact you by e-mail or telephone if none of your selected courses or alternate courses is available or if your check is missing or unsigned, so complete and accurate contact information is important if questions come up about your registration form.

It is very important that ALL has your correct e-mail address, since that is how you will receive class enrollment confirmations and that is how the coordinator will contact you about Zoom access to the class.

The ALL office and desk at Cape Cod Community College will still not be staffed for a while. Messages left at 774-330-4400 will be checked remotely on a regular basis but it will be more effective to email your questions regarding the registration process to lifelonglearning@capecod.edu. Include a phone number if you would like someone to call you back. We will attempt to answer your questions promptly.

During the first week of classes, a list of courses with space available will be posted on the ALL website www.capecodall.org. After the first week of each semester, members may enroll in any of those courses if they have the approval of the coordinator.

Membership Fees

The membership fee, currently \$105 per person, is paid for each semester in which a member chooses to take courses. The fee covers membership in ALL including any combination of courses as described above plus other educational and social activities (though some events may involve an additional charge). Having been enrolled once, and even if no further fees are paid, members remain on our records for another year and will continue to receive communications. Course coordinators are not subject to the membership fee.

In keeping with the purpose of ALL, there may be circumstances where ALL grants free membership to applicants in need. Application for this assistance is made via a letter to the president of ALL, and all such information is kept strictly confidential. Classes with low enrollments may be canceled outright, in which case registered attendees will be notified. Those who registered for these courses may enroll in other courses, based on space available, or receive a refund. Refunds of membership fees are available only through the first week of class except in special circumstances and will be issued after the class registration process is completed.

Withdrawals

If you find you are unable to attend a course after receiving your course confirmation, please leave a message or email so we may add the seat back into our inventory. If you begin a course and find that you will not be attending, please notify the ALL office as well as the coordinator.

With an on-line learning structure, there may be circumstances where one or more coordinators need to temporarily cancel a class session, in which case they will make reasonable efforts to reschedule that class.

The ALL office is closed, and we are working remotely. The office administrator is on duty from 9:00 am to 3:00 pm most weekdays, and the telephone number to reach us is 774-330-4400. You can also send us comments and questions by e-mail to lifelonglearning@capecod.edu or acadlll@capecod.edu.

Use of Zoom

Spring semester 2021 courses beginning in February 2021 will continue to be taught on Zoom. If you are new to Zoom or not yet comfortable using Zoom, we recommend viewing a video entitled "Joining a Zoom Call for the First Time; Fun and Easy Online Connection," which is viewable at <https://www.youtube.com/watch?v=9isp3qPeQOE>.

Helpful Hints

Conduct yourselves as you would if you were all in the same room. These tips below help ensure the class goes smoothly for all involved:

- If you haven't used Zoom before, go to [Zoom.us](https://zoom.us) prior to the day of the meeting and familiarize yourself with any features you may need to use on the day – mute/unmute microphone, stop/start video, screenshare etc.
- Join early – up to 5 minutes before the meeting start time.
- Have your video on unless you are experiencing connection issues.
- Find a quiet space without interruptions or background noise.
- If possible, have a plain background and avoid backlight from bright windows.
- Have good lighting on your face so you can be seen clearly.
- Adjust your camera to be at around eye level if possible – especially take note of the angle of your laptop screen if using the built-in camera.
- Mute your microphone when not talking.
- Try to avoid talking over / at the same time as other participants.
- Be aware you are on camera, so try to avoid doing other tasks (checking emails, looking at your phone, etc.)
- If you wish to ask a question or offer a comment, please raise your hand so that the coordinator can see it on-screen.

To ensure a fair assignment of classes, ALL uses a random selection process. Those who have submitted registration forms, along with payment, that are received by Friday, January 8, 2021, will have an equal chance of getting the courses they selected. No preference will be given to early postmarks or delivery dates. All registration forms received after January 8 are processed when received. Please be sure to include alternate choices in case the classes you chose are full.

ALL NEEDS YOU!

Become a Coordinator of a class at the Academy for Lifelong Learning in the Fall 2021 Session.



ALL courses are generally led by retired educators, professionals, artists, writers, and others who are willing to share their passion on a topic or set of topics with the students. It allows the opportunity to inspire others to learn and explore. In addition, one can lead class members without the administrative burdens of traditional teaching. It often permits the development of innovative and interesting learning experiences. Mature students are eager to learn, which makes coordinating a fun experience.

Note: We have developed a digital database to improve the processing of proposals. Please submit your proposal on our website (www.capecodall.org). Should you need assistance in submitting your proposal on-line, please contact the ALL Office at (774) 330-4400.

Course Description (50 to 75 words) Please describe your course and briefly discuss what you expect to accomplish in class and list any readings, materials, videos, field trips, etc. you intend to use. Explain what students will learn and how you will use lectures, class discussion and other teaching formats to facilitate the course.

Bio (30 to 40 words) Please list your experience, interests, educational background, and any degrees or qualifications you have that connect directly to your coordinating this course. Include any relevant information that shows your mastery of the subject and your passion for the topic.

**The Curriculum Committee will begin scheduling classes on March 15.
Proposals greatly appreciated by early March.**

MONDAY

Immigration in America: Policy and Practice ALL1108
 Monday 9:00AM - 10:20AM ZOOM
 First 6 Weeks 1-Feb Limit: 25

We will examine various aspects of immigration policy and types of immigration, including family reunification, refugees, asylum, employment, DACA, and the undocumented. Emphasis will be on the implementation of immigration policy, so we will also review the role of bureaucracies, public and private, in the immigration process. Short on-line reading assignments will be posted. Powerpoint presentations will be available and included with the discussions. The format of the course will be oriented toward discussion. For the first class, please review your family history of immigration. Who came? When did they come? Where did they come from? Why did they come? Be prepared to discuss these in class.

Coordinator: Richard Vengroff. Richard is a political scientist specializing in comparative politics (North America and Africa) and immigration policy and practice. In recent years he has worked as a counselor on immigration issues for refugees, asylees and other immigrants with non profits in Cambridge, Lowell and on Cape Cod (currently with CACCI).

"Oh, the THINKS They Can Think!" ALL1172
(Parenting and Grand-Parenting Gifted Children)
 Monday 9:00AM - 10:20AM ZOOM
 First 6 Weeks 1-Feb Limit: 25

In this course we will explore some of the complexities related to understanding the psychology and education of gifted children: from the implications of personality and behavioral characteristics, to formal and informal means of identification, to parenting, to how this special needs population needs to learn. Most educators receive little or no training in educating gifted children and, next to those who raise them, educators are the most significant developmental shapers in their lives.

Coordinator: Nina Greenwald. Nina, an educational psychologist with specialization in gifted education, has taught gifted students of all ages. She has published in the field and is co-founder of MAGE (The Massachusetts Association for Gifted Education) which advances understanding of gifted children and their special needs and encourages the exchange of information among educators, parents, policy-makers, and students on the national, state, and local level.

Learn the Origami Quilt Squares ALL1181
of Friederich Froebel (Everyone can!)
 Monday 10:30AM - 11:50AM ZOOM
 12 Weeks 1-Feb Limit: 25

Friederich Froebel, the German kindergarten founder, made Origami, or paperfolding, a key component of children's play. We will learn to fold at least 20 different origami quilt squares from beginner to intermediate levels of difficulty. Once you understand the techniques and the squares, you will design an origami quilt worthy of framing. Please purchase a package of 15 cm or 6 inch origami paper, also called kami. It must have color on one side and white on the other side. RECOMMENDATION: Taro's Origami Studio or Toyo paper, both available from Amazon. CAUTION: Do not buy the large packages of "for schools or groups" paper. They are not always square, making folding difficult.

Coordinator: Andrea Plate. Andrea has practiced origami for over 10 years and displays her work in local art shows. She has studied independently, by participating in online workshops and by attending origami conventions. Her passion is sharing the value, benefits, and joy of folding with others. She has been successfully teaching origami through zoom for both ALL and other organizations.

Movies of Thought and Fun ALL1179
 Monday 10:30AM - 11:50AM ZOOM
 First 6 Weeks 1-Feb Limit: 25

Come join this course to explore various movie genres from thought-provoking to comedic, including both recent and earlier classic films. Questions will be distributed in advance to facilitate class discussion. Movies are accessible free of charge via local libraries or the Boston Public Library's free streaming service. Movies include *Hidden Figures*, *A Beautiful Mind* and others TBA.

Coordinator: Nancy Tucker. Nancy's career has included sales training and volunteer instructor. Her personal interests are hiking, (former AMC leader), movies, social event planning, nature, and whatever promises fun.

MONDAY (Continued)

12 Directors/12 Masterpieces **ALL1173**
 Monday 12:00PM - 1:20PM ZOOM
 12 Weeks 1-Feb Limit: 25

This course will analyze and discuss films from world-renowned directors past and present. The discussions will center on the elements of the film that are germane to the style of the director, each film's critical reception, and why each is considered a masterpiece of film making. Before the first class a list of the films and their viewing availability will be provided. For the first class please watch *A Touch of Evil*, Orson Welles, director. (1958)1hr/35mins., available on line.

Coordinator: Joseph Gonzalez. Joe worked as a bilingual script supervisor in movies, commercials, music videos, and television as well as a screenwriter of short and feature films for 36 years. He studied film at the New School for Social Research in New York City. He has previously taught other courses on movies for ALL.

Food for Thought: Plato at the Table **ALL1051**
 Monday 12:00PM - 1:20PM ZOOM
 First 6 Weeks 1-Feb Limit: 15

This course will give an historical review of the cuisine of ancient Greece and Rome with philosophical commentary sprinkled in. It is based on *The Philosopher's Kitchen*, by Francine Segan, which is filled with what one celebrity chef called "delectable, timeless, and earthy recipes" adapted for the modern cook. Since the course is offered virtually, I will share recipes of some already prepared Mediterranean dishes. We will also discuss some timely topics related to knowledge, justice, love, politics, and healthcare. I will provide links to articles and videos we will discuss. Purchasing the text is not necessary, although used copies are available online.

Coordinator: Mare Ambrose. Mare is currently a part-time professor of English and philosophy at a local community college. This class combines her lifelong passions for philosophy and food.

TUESDAY

China's Conundrum: Growth vs. Stability **ALL1120**
 Tuesday 9:00AM - 10:20AM ZOOM
 First 6 Weeks 2-Feb Limit: 25

China is facing some difficult choices. Perhaps the most difficult is whether to pursue economic growth or social stability. We will explore this conundrum.

Coordinator: Stew Goodwin. Stew has taught at ALL for over 15 years after retiring from a career in the international investment business.

Massachusetts History, Pride and Prejudice? **ALL1128**
 Tuesday 9:00AM - 10:20AM ZOOM
 First 6 Weeks 2-Feb Limit: 25

History is what we choose to remember. This course will introduce some of the people who have woven Massachusetts' historic fabric. Topics will include the motivations behind Salem Witch trials and their victims and villains; legislation regulating enslavement by the Massachusetts Bay Colony; the role of power, prejudice, and fake news in the 1721 smallpox epidemic in Boston; the causes of the Boston Massacre and John Adams' defense of Captain Preston; the building, utility and cost of the Worcester Canal, the Hoosac Tunnel, and the Quabbin Reservoir. Please come with an open mind, a good sense of humor, and tolerance of a novice coordinator.

Coordinator: Stephen Anderson. Steve, a lifelong resident of Massachusetts, is a retired trial lawyer who traveled the state. His interest in local history was enhanced by plaques and memorials he read at courthouses while waiting for judges or juries, mostly judges. He has been a member of ALL for three years. So far so good!

China's Global Objectives **ALL1121**
 Tuesday 9:00AM - 10:20AM ZOOM
 Second 6 Weeks 23-Mar Limit: 25

China has assumed significant stature in the world. What objectives do they have? We will explore these in depth and make some projections.

Coordinator: Stew Goodwin. Stew has taught at ALL for over 15 years after retiring from a career in the international investment business.

TUESDAY (Continued)**Great Films**

Tuesday 10:30AM - 11:50AM
12 Weeks 2-Feb

ALL1174
ZOOM
Limit: 25

We will discuss films that have more to offer than interesting plots. Participants will view the films (all readily available online) prior to meeting in class. Participants will be provided with a syllabus at least 2 weeks prior to the first class. Ordinarily we will discuss two films per session.

Coordinator: Stephen Pastore. Stephen has taught this class in several mutations over the past nine years. He considers himself wise beyond his years.

What's the Weather

Tuesday 10:30AM - 11:50AM
First 6 Weeks 2-Feb

ALL1148
ZOOM
Limit: 25

We will use *The Weather Book* by Jack Williams and other sources to better understand the fundamentals of climate and weather and how the weather is modeled and forecast. The class will have a special focus on weather conditions predicted for Cape Cod in the seasons and years ahead. Attendees will leave the class with a better sense of what makes our weather change and what long-term conditions are expected for the Cape. Text: *The Weather Book, Second Edition*, by Jack Williams for USA Today. ISBN 0-679-77665-6, available new or used. Any required reading will be emailed before class starts.

Coordinators: Paul Coteus, John Ward. John, a long time private pilot and amateur meteorologist, will focus on what drives the weather short term and how to better understand forecasts. Paul, a recently retired physicist and IBM Fellow, will focus on climate. He has been leading a small team of scientists, engineers, and concerned folks to study methods to remove excess carbon from the atmosphere (see globalcarboncatchers.com).

Climate Change and What You Can Do about It

Tuesday 10:30AM - 11:50AM
Second 6 Weeks 23-Mar

ALL1127
ZOOM
Limit: 25

We will briefly explain the science behind climate change, covering the carbon cycle, ocean currents, atmospheric wind patterns, and the greenhouse effect. We will then determine our individual carbon footprints and discuss the myriad ways in which they can be reduced. Finally, we will discuss the grief that people feel about climate change and their coping strategies for it. Coordinators will provide references for material covered in the class.

Coordinators: Paul Coteus, Cindi Bucken. Paul, a recently retired elementary particle physicist and IBM Fellow, has led a small team of scientists, engineers, and other concerned citizens to study the best way to remove excess carbon from the atmosphere (see globalcarboncatchers.com). Cindi, a retired guidance counselor, supports local efforts related to climate justice, including climate change.

Sharing Spiritual Narrative

Tuesday 12:00PM - 1:20PM
12 Weeks 2-Feb

ALL1140
ZOOM
Limit: 15

This course is not about religion. It is about reading your written work or storytelling on transcendent life experiences such as forgiveness, acceptance, and change, suffering and joy, journey and home, and success and failure. Sharing can replace confusion with clarity and bring more freedom. A paperback, *Falling Upward: A Spirituality for the Two Halves of Life* by Richard Rohr, is referenced (but not required). We welcome discussion on your favorite spiritual writings.

Coordinator: Frank Noonan. Frank is an emeritus professor at Worcester Polytechnic Institute. He is a certified spiritual director and a former university ombudsperson. Most important, he is a pilgrim, a seeker if you will, looking to grow through coordinating.

Travel Talk: The Future Look of Travel

Tuesday 1:30PM - 2:50PM
First 6 Weeks 2-Feb

ALL1159
ZOOM
Limit: 25

The coronavirus has certainly impacted the life of travelers. Many cruises and trips had to be cancelled since March. During this course we will explore what the future of travel will look like. When will it be safe to travel again domestically and internationally? How will airports and car rentals change? What will river and ocean cruises do to lure travelers back? What changes are airlines making? How will package tours reflect the concerns of travelers? Will cancellation policies change? I welcome questions and comments from class members. You will need an email address and access to a computer during the class sessions.

Coordinator: Connie Champlin. Connie has traveled extensively for the past 40 years to practically every state in the U.S. and almost all continents. She has taught a travel class in Sandwich and this travel class many times at ALL.

TUESDAY (Continued)

Turning Points: Six Pivotal Moments in Ancient History **ALL1183**
 Tuesday 3:00PM - 4:20PM ZOOM
 First 6 Weeks 2-Feb Limit: 25

This seminar has the potential of becoming the start of a series. What might be the six key turning-point moments in our ancient history? How did we become human? What does it mean to be a woman? What were the implications of the invention of economics and of the phonic alphabet? How did ancient science oppose religion? Why did the Western Empire fall? I will offer something for the first half-class and we will discuss things in the second.

Coordinator: Lawrence Brown. Lawrence has been a teacher at Cape Cod Academy for 34 years and a columnist for the *Cape Cod Times* for 34. He has published five books, including a text on geography, and has taught ancient history for 26 years.

Finding Your Religion **ALL1110**
 Tuesday 3:00PM - 4:20PM ZOOM
 Second 6 Weeks 23-Mar Limit: 25

This seminar has two objectives, to provide an understanding of the world's faiths and to help the participants see where their own personal beliefs fit in the overall spectrum. If you are in some kind of spiritual search, the sessions will be structured to help you clarify where the beliefs you already have fit in ... and where the opinions of others fit in, too.

Coordinator: Lawrence Brown. Lawrence has been a teacher at Cape Cod Academy for 34 years and a columnist for the *Cape Cod Times* for 34. He has published five books, including a text on Hindu theology, and lectured at two Parliaments of the World's Religions.

WEDNESDAY

The History of New York City (From 1900 to the Present) **ALL1186**
 Wednesday 9:00AM - 10:20AM ZOOM
 12 Weeks 3-Feb Limit: 20

This course will continue the saga of New York City, our greatest metropolis, using the Ric Burns documentary as a guide through its most recent history. There will be time for viewing additional historical material including slides and for class discussion.

Coordinators: Chris Johnston, David Johnston. Chris and David have coordinated a number of history, science and art courses for ALL.

It Is in Your DNA! An Introduction to the Human Genome and the Science behind It **ALL1178**
 Wednesday 9:00AM - 10:20AM ZOOM
 First 6 Weeks 3-Feb Limit: 22

This course will cover the history, science and impact of the human genome project. The latter half of the course will focus on advances in medical science, ethical challenges, and other societal issues arising in this post-genomic era, including our understanding of human origins. Class discussion is encouraged and students with specific interests relevant to the course will be offered an opportunity to present. The text, recommended as a supplementary reference, will be *DNA: The Story of the Genetics Revolution* (2017) James D. Watson with Andrew Berry and Kevin Davies (A.A. Knopf, NY).

Coordinator: Steve Munroe. Steve is Professor Emeritus of Biological Sciences at Marquette University where he taught biochemistry and conducted research in molecular genetics for more than 35 years. He has been interested in the human genome project since its inception.

WEDNESDAY (Continued)**Politics 2021**

Wednesday 10:30AM - 11:50AM
12 Weeks 3-Feb

ALL1175

ZOOM
Limit: 25

This course will offer provocative discussion of current events in the wake of Trump's departure from the White House.

Coordinator: Stephen Pastore. Stephen has coordinated courses similar to this numerous times and rarely fails to entertain and annoy participants to distraction, while simultaneously respecting all opinions and comments offered no matter the source.

The Magic of Theater:**Who Does What and How They Do It**

Wednesday 10:30AM - 11:50AM
12 Weeks 3-Feb

ALL1177

ZOOM
Limit: 25

Did you ever watch a show and wonder how the actors can do that eight times a week or who is responsible for the fantastic scenery? Well this is where you will find out! Join me in an exploration of the origins of theater and the artists who make it happen. Discussions will focus on all theater participants, their training, and how each one fits into the collaborative process that creates magic. Video clips and production photos will help illuminate these ideas. Together we will develop a better appreciation for live theater in our world.

Coordinator: Fran Lautenberger. Fran is professor emerita from the University of Alaska Anchorage and has worked in all areas of the theater including designing, directing, acting, playwriting, and puppetry. She is eager to share her expertise with ALL.

The Economist

Wednesday 12:00PM - 1:20PM
12 Weeks 3-Feb

ALL1180

ZOOM
Limit: 20

The Economist weekly, acclaimed for its analyses of world news, politics, and business, also has sections on science, technology, books, the arts, and other issues of current interest. Each week we will discuss articles from that week's *Economist*. Volunteers will lead the discussions of articles they select, while respecting our varied backgrounds and opinions. Our opinions might even change on occasion. A subscription to *The Economist*

is required, information available at 1-800-456-6086 or www.economistsubscriptions.com. Expect at least one hour of reading each week. Coordinator will select the articles and lead discussion for the first class. Please have your calendar available to sign up to lead a class discussion.

Coordinator: Paul Groundwater. Paul, having been an active participant of the Osher Lifelong Learning Institute at Northwestern University for the past five years, is thrilled to be able to lead and take courses here on the Cape.

Human Rights: The Evolution and Future of Idealized Values

Wednesday 12:00PM - 1:20PM
Second 6 Weeks 24-Mar

ALL1185

ZOOM
Limit: 25

The claim that all humans have the right to health care reflects a personal value. Once accepted throughout a community, a personal value can become a universal mandate. Many categories of value fit this process of change from personal value to universal mandate. This course will describe the past, present, and future development of idealized human values.

Coordinators: Ivan Barofsky, John Joseph Kennedy Jr.

Ivan is a retired medical psychologist who was a faculty member of the Johns Hopkins Medical School. He will discuss the political and social changes that lead to the development of human rights. John will talk about the historical context of social and political changes. He is a life-long educator, teaching at many levels of education, from public schools to universities.

The Second World War

Wednesday 1:30PM - 2:50PM
12 Weeks 3-Feb

ALL1171

ZOOM
Limit: 25

We will discuss World War II from several perspectives. The topics include the origins of the war in Europe and the Far East, pre, post, and war-time diplomacy, what it was like on the battlefronts and home fronts, the war's impact on women and minorities, patriotism and propaganda, legal and moral issues, the war crimes trials, the immediate aftermath, and the origins of the Cold War.

Coordinator: Russell Leng. Russ is an emeritus professor of political science at Middlebury College, where he taught for 40 years. He has taught several previous ALL courses.

WEDNESDAY (Continued)**Understanding the Bible**

Wednesday 1:30PM - 2:50PM

12 Weeks 3-Feb

ALL1187

ZOOM

Limit: 20

Using a discussion format, we will attempt to decipher and understand the Bible in light of current scholarship. Some meanings remain unclear, yet it is considered perfect in its own way. This course will examine the text through historiography and genre while also considering its inspiration, authority, and integrity. Topics will include ancient documents, creation-Adam, Noah, Moses, Ezra, Jesus, the four gospels, resurrection, acts-church, and the role of culture and prophecy. There will be a short weekly class preparation, including YouTube lecture material.

Coordinator: Rob Swanson. Rob is a former pastor and missionary and author of *The Bible Reader's Companion*.

Music of the Thirties

Wednesday 3:00PM - 4:20PM

12 Weeks 3-Feb

ALL1182

ZOOM

Limit: 25

The course will showcase performance videos of notable works written in the 1930s. Composers constitute a Who's Who of 20th-century classical music—Bartok, Copland, Gershwin, Harris, Hindemith, Martinu, Poulenc, Prokofiev, Rachmaninoff, Respighi, Shostakovich, and Stravinsky, to name just a few. We will also explore a number of topics such as "What is modern? What is American?" nationalism, internationalism, and cultural appropriation; responding to the Great Depression, fascism, and the threat of war; opera as a mirror of society; and, not least of all, "What can the 1930s tell us about the 2020s?"

Coordinator: John Temple. John is a retired business writer, lifelong listener, long-ago music student, classical concert reviewer, and occasional builder and restorer of musical instruments. His previous ALL courses have included Mozart's piano concertos, chamber music, choral music, unfinished symphonies, and musical masterclasses.

THURSDAY**How Economics Influences Politics**

Thursday 9:00AM - 10:20AM

12 Weeks 4-Feb

ALL1117

ZOOM

Limit: 25

This course will clarify your understanding of key economic principles and emphasize the interplay between economics and politics. Classes will have a lecture format utilizing Power Point slides, and class members will be encouraged to participate in discussion. Some topics, in addition to the economic/political news of the day, will include how our and other world economies work and how we value economic assets.

Coordinators: Alan Berger, John Ward. Alan has been an active member of ALL for over ten years. He has a keen interest in business, economics, and politics and has a BA with concentration in economics from the University of Michigan and an MBA from the Sloan School at MIT. John has a Masters in chemistry from Oxford University and an MBA from Manchester Business School, UK. He has spent 40 years in the financial services and investment field, largely in the NYC region. He has been an ALL Coordinator for the past four years.

Hidden Gems from Reprobates and Rebels **ALL1150**

Thursday 9:00AM - 10:20AM

First 6 Weeks 4-Feb

ZOOM

Limit: 25

Many great individuals who were disparaged in their times have left us a legacy of inspiring thoughts, deeds, and writings. These hidden gems from Simone Weil, Baruch Spinoza, George Orwell, Karl Marx, Martin Buber, and Alice Paul are still meaningful today as we face the challenges of the 21st century. A reading list will be provided at the time of the first class.

Coordinator: David Mulligan. Dave is a former missionary priest who served five years in Bolivia. He was the Commissioner of Public Health for Massachusetts, 1989-1997, and an associate professor at Stonehill College, 1997-2004.

THURSDAY (Continued)

Shakespeare's *The Merchant of Venice* and *Hamlet* **ALL1191**
 Thursday 10:30AM - 11:50AM ZOOM
 First 6 Weeks 4-Feb Limit: 25

How did Shakespeare tackle racism and identity in a complex society? *The Merchant of Venice*, one of Shakespeare's most controversial plays, challenges us to consider this question. When the whole world turns against you, what are your options, to seek power or revenge? How Hamlet faces this problem is the dramatic core of *Hamlet*. But Hamlet's sense of loss, an even more compelling issue, complicates our reading of the play. Please read Act I of *The Merchant of Venice* before our first class.

Coordinator: Nancy Yee. Nancy, a former English department chair and Professor Emerita at Fitchburg State University, has always been enthralled by the breadth and depth of Shakespeare's plays.

Sustainable Gardening **ALL1163**
 Thursday 10:30AM - 11:50AM ZOOM
 First 6 Weeks 4-Feb Limit: 20

Let's "Go Green" in our gardens and have ourselves a really good time doing it. This class will focus on learning and sharing sustainable practices. The class will include lectures (short!), class discussion (lots!), and hands-on projects (fun!). Possible topics include birds, compost, mulch, native plants, organic alternatives, pollinators, and wildlife. Come to class prepared to "get down and dirty."

Coordinator: Gina Poole. Gina is a teacher, musician and life-long lover of music...and gardens! She is a certified Master Gardener who now gardens in Sandwich Village and East Brewster.

The Impact of Women and Discrimination in Post-Trump America **ALL1189**
 Thursday 10:30AM - 11:50AM ZOOM
 Second 6 Weeks 25-Mar Limit: 25

The election of a female vice president represents the third wave of feminism in the United States. This course will explore the history of the first two waves of feminist advocacy and conclude with discussions around how women serving in political and corporate leadership may

reshape the global post-pandemic "new normal." Topics will be determined by class member interests and needs.
Coordinator: Marianne Triplette. Marianne has spent many years as an activist studying these topics. She has more than three decades of experience as a professor and business leadership and life coach. She has earned degrees in organizational behavior and group dynamics.

The Chemistry of Life and the World around Us **ALL1176**
 Thursday 10:30AM - 11:50AM ZOOM
 Second 6 Weeks 25-Mar Limit: 25

This course will offer a high-level review of the basics of chemistry that touch upon our lives. Topics will include natural gas, sugars and alcohols, proteins and DNA, plastics, and narcotics. Primo Levi's text, *Carbon*, will be distributed in PDF format before the first class. Extensive slide packs will be provided week by week. Please read Primo Levi before the first class.

Coordinator: John Ward. John has a Masters in Chemistry from Oxford and an MBA from Manchester (UK). He has spent most of his career in the New York financial services industry but has had a lifelong love of chemistry.

Holding Mass Media Accountable **ALL1188**
 Thursday 12:00PM - 1:20PM ZOOM
 First 6 Weeks 4-Feb Limit: 25

The goal of this course is for participants to become educated consumers of the information received from media outlets and to hold such outlets accountable. Sessions will explore the coverage of hot button issues such as programming algorithms, screening fact vs. conspiracy, media ageism, and gender/racial equality. Participants will be encouraged to develop a personal checklist for fact checking and to understand what the issues are. Topics will be determined by class member interests and needs.

Coordinator: Marianne Triplette. Marianne has spent many years contributing to and studying these topics. She has more than three decades of experience as a professor and business leadership and life coach. She has earned degrees in organizational behavior and group dynamics.

THURSDAY (Continued)

Hoffa, the Mafia, the Middle Class **ALL1144**
 Thursday 12:00PM - 1:20PM ZOOM
 First 6 Weeks 4-Feb Limit: 25

We will examine Jimmy Hoffa, once thought to be the most powerful man in the nation, the history of the union he led, his ties to organized crime, the Kennedy effect, and then the consequences of his actions on this country.

Coordinator: John Matley. John has spent 24 years in management of the trucking industry, with both union and non-union firms.

Loving the Short Story **ALL055**
 Thursday 1:30PM - 2:50PM ZOOM
 12 Weeks 4-Feb Limit: 25

The students will discuss two stories at each session, sharing ideas and perceptions to enhance the understanding of the readings. The text for this course will be *The Best American Short Stories 2020* edited by Curtis Sittenfeld as well as a few on-line stories.

Coordinators: Sheryl Lajoie, Deb Selkow. Sheryl has led this class for many years and thoroughly enjoys analyzing the stories and gaining insights from class participants. Deb is a retired English teacher who has spent her life reading, writing and watching stories unfold. A long time class participant, she loves to share story talk with others; sometimes it teaches her how to be in a complicated world.

Would You Like to Improve Your Understanding of Climate Change? **ALL1153**
 Thursday 1:30PM - 2:50PM ZOOM
 First 6 Weeks 4-Feb Limit: 16

This course, an introduction to climate change, will use the text *Global Weirdness*, by Climate Central. Although it was published in 2012, the science concepts remain the same; only the data has changed. Participants will read specific chapters weekly. We will discuss each chapter, and I will use a document camera, hands-on activities, and demonstrations to help you better understand the weather of the future. I will have information about obtaining copies of the book. I may ask you to gather some materials for certain hands-on activities.

Coordinator: Patricia McKean. Pat, a classroom science teacher for 44 years, has presented teacher and

student workshops nationally and internationally and specializes in teaching science through literature. She currently serves as a science education consultant. She also serves as a peer reviewer for the National Science Teachers Association's journal, *Science and Children*.

Writing Incubator **ALL780**
 Thursday 3:00PM - 6:00PM ZOOM
 12 Weeks 4-Feb Limit: 25

In the literary world an incubator is a group of like-minded people who provide space and time while offering mentoring to accomplish writing goals. This class encourages the formation and development of new ideas and stories in a relaxed atmosphere. We welcome all genres of writing.

Coordinators: Nancy Shoemaker, Bill Holcombe.

Nancy is a printer, graphic designer, publisher, photographer, and local historian. Bill has returned to poetry after a hiatus of 30 years and written 100+ poems since 2014. Protest of authority is a lifelong theme.

FRIDAY

Using Children's Literature to Teach Science **ALL1001**
 Friday 9:00AM - 10:20AM ZOOM
 First 6 Weeks 5-Feb Limit: 16

This course will prepare participants to teach simple science concepts to anyone, especially children. Each week Pat will use four books and activities to introduce one aspect of science: physics, chemistry, astronomy, earth science, life science, math, and process skills. The text will come from website:<https://intranet.cshgreenwich.org/heartNet/childrensLitAndScience.asp>. Participants will need a computer to view activities on the website. Please have scissors, tape, glue stick, ruler, crayons, or colored pencils available for class. Participants will be mailed a hand magnifier, a metric measuring tape, and other materials necessary to participate. Pat uses a document camera so that she can help participants with the activities.

Coordinator: Patricia McKean. Pat, a classroom science teacher for 44 years, received the Connecticut Christa McAuliffe Fellowship for her program, Using Children's Literature to Teach Science. Her website contains 100 books linked to basic science activities for students of all ages. Currently a science education consultant, she serves as a peer reviewer for the National Science Teachers Association's journal *Science and Children*.

FRIDAY (Continued)**15 Challenges of the Future**

Friday 9:00AM - 10:20AM

Second 6 Weeks 26-Mar

ALL999

ZOOM

Limit: 20

This is a course based on 15 Challenges of the Future, a product of the global think tank, The Millennium Project (themp.org). The challenges include the environment (global warming), global water, population growth, democracy, the internet and communications, global economies, health, education, peace and conflict, women's Issues, energy, crime, science and technology, and global ethics (or how do we find meaning in all this?). We rotate doing a few of the challenges each six-week session. Go to themp.org, click on the 15 Challenges, on the next page on the left click on each of the challenges. Read the "Short Version"; it is free.

Coordinator: Tom Murphy. Tom has worked with the Millennium Project, a think tank in Washington DC, as an education associate for 20 years. As a physician, he has edited the "Challenge on Global Health," and he has taught these challenges in the high schools of Washington, DC, and at various times, as a lecturer in Vancouver and Toronto in Canada.

Telling Stories

Friday 10:30AM - 11:50AM

12 Weeks 5-Feb

ALL1030

ZOOM

Limit: 12

You will learn to tell stories, in writing, in various forms--short story, flash fiction, creative nonfiction, becoming familiar with the literary elements that go into stories. Please have a pen and paper (or Ipad) by your side. Each week you will write and read your work to the class.

Coordinator: June Calender. June has written in most forms especially stage plays. Lately she has published fiction, poems and creative nonfiction.

Introduction to Nichiren Buddhism-Section A ALL866

Friday 10:30AM - 11:50AM

First 6 Weeks 5-Feb

ZOOM

Limit: 15

Through the profound Buddhist teachings of hope, victory, and personal discovery, we will delve deeply into our interconnectedness with all life and tap into the enlightened nature we already possess. This is suitable as an introductory class for first-timers and also as a second part of the Introduction to Nichiren Buddhism course taught for the last several years. The course text,

The Buddha in Your Mirror, can be read as a companion piece to the course, but it is not required. NOTE: This course will be offered in the first six weeks and repeated again in the second six weeks at the same day/time.

Coordinators: Susan Whalley, Steve Piontek.

Susan, a retired school counselor, has been a practicing Nichiren Buddhist for 45 years. Steve, a retired magazine editor who also teaches ALL courses about opera, has also been practicing Nichiren Buddhism for over 45 years.

Introduction to Nichiren Buddhism-Section B ALL1190

Friday 10:30AM - 11:50AM

Second 6 Weeks 26-Mar

ZOOM

Limit: 15

Through the profound Buddhist teachings of hope, victory, and personal discovery, we will delve deeply into our interconnectedness with all life and tap into the enlightened nature we already possess. This is suitable as an introductory class for first-timers and also as a second part of the Introduction to Nichiren Buddhism course taught for the last several years. The course text, *The Buddha in Your Mirror*, can be read as a companion piece to the course, but it is not required. NOTE: This is the same course that was offered in the first six-week session.

Coordinators: Susan Whalley, Steve Piontek.

Susan, a retired school counselor, has been a practicing Nichiren Buddhist for 45 years. Steve, a retired magazine editor who also teaches ALL courses about opera, has also been practicing Nichiren Buddhism for over 45 years.

The Black Experience in America ALL1170

Friday 12:00PM - 1:20PM

12 Weeks 5-Feb

ZOOM

Limit: 25

This course will examine the post-Jim Crow system of segregation and discrimination, the Great Migration to northern cities, and the new forms of subjugation that developed in them. The class will then examine segregation up to and during World War II, the struggle for civil rights in the decades after the war, and the ongoing struggle for equality at this time.

Coordinator: John Matley. John, a former industrial engineer, has had a lifelong interest in the Black experience, seen through the eyes of an Irishman whose ancestors experienced many similar issues.

FRIDAY (Continued)**Using Children's Literature to Teach Science Sequel** **ALL1192**

Friday 12:00PM - 1:20PM ZOOM
 First 6 Weeks 5-Feb Limit: 25

This is a sequel to the course in the Fall 2020 semester. Pat will teach simple science concepts for participants to then teach to children. Using books from her own website, each linked to a simple, basic science activity, Pat will introduce one aspect of science weekly, either physics, chemistry, astronomy, earth science, life science, math, or process skills. The text will come from the website: <https://intranet.cshgreenwich.org/heartNet/childrensLitAndScience.asp>. Participants will need a computer to view activities on the website and download printable sheets. Please have scissors, tape, glue stick, ruler, crayons, or colored pencils available for class. Participants will be mailed any additional materials needed for activities. Pat will use of a document camera to help participants.

Coordinator: Patricia McKean. Pat, a classroom science teacher for 44 years, received the Connecticut Christa McAuliffe Fellowship for her program, Using Children's Literature to Teach Science. She has presented teacher and student workshops nationally and internationally and specializes in teaching science through literature. She currently serves as a science education consultant and as a peer reviewer for the National Science Teachers Association's Journal *Science and Children*.

Bridge for Beginners **ALL910**

Friday 1:30PM - 2:50PM ZOOM
 12 Weeks 5-Feb Limit: 25

This course is open to all who would like to learn about the card game bridge, an excellent way to keep our minds active in an enjoyable social setting (albeit virtual). No experience is required. All classes will involve visiting and using an on-line platform for playing bridge that is easy to use. The only required text is a handbook for beginners written by the coordinator and provided free of charge to all students prior to the start of the class. This is an easy-going class with only one rule, be kind to those at your bridge table.

Coordinator: Christopher Senie. Christopher has developed a love for the game of bridge and a passion for teaching the game to others.

Sharing and Discussing Poems **ALL1184**

Friday 3:00PM - 4:20PM ZOOM
 First 6 Weeks 5-Feb Limit: 15

Each week the coordinator and the participants will choose a few favorite poems to dive into for a deeper understanding.

Coordinator: Corina Iukovici. Corina studied English and French literature in college and is now a semi-retired graphic and web designer. She has been a lifelong lover of poetry and likes to share poems with others.

Basics of Estate Planning **ALL965**

Friday 3:00PM - 4:20PM ZOOM
 Second 6 Weeks 26-Mar Limit: 25

This updated course covers the basics of estate planning: powers of attorney, healthcare proxy, advanced care directives, wills and trusts, probate of estates, estate taxation, MassHealth/Medicaid/Nursing Home concerns, and what the COVID-19 crisis has taught us about timely estate planning.

Coordinator: Arthur Crooks, Jr. Arthur is an estate planning and elder law attorney with over 30 years in practice. He serves as chairman of the Dennis Council on Aging. He has taught this course at ALL for over 20 years.

Course Schedule

Day	Block Time	Session	Starting	ALL #	Course Title	Location	Coordinator(s)
Monday	9:00AM - 10:20AM	First 6 Weeks	1-Feb	ALL1108	Immigration in America: Policy and Practice	Zoom	Richard Vengroff
Monday	9:00AM - 10:20AM	First 6 Weeks	1-Feb	ALL1172	"Oh, the THINKS They Can Think!" (Parenting and Grand-Parenting Gifted Children)	Zoom	Nina Greenwald
Monday	10:30AM - 11:50AM	12 Weeks	1-Feb	ALL1181	Learn the Origami Quilt Squares of Friederich Froebel (Everyone can!)	Zoom	Andrea Plate
Monday	10:30AM - 11:50AM	First 6 Weeks	1-Feb	ALL1179	Movies of Thought and Fun	Zoom	Nancy Tucker
Monday	12:00PM - 1:20PM	12 Weeks	1-Feb	ALL1173	12 Directors/12 Masterpieces	Zoom	Joseph Gonzalez
Monday	12:00PM - 1:20PM	First 6 Weeks	1-Feb	ALL1051	Food for Thought: Plato at the Table	Zoom	Mare Ambrose
Tuesday	9:00AM - 10:20AM	First 6 Weeks	2-Feb	ALL1120	China's Conundrum: Growth vs. Stability	Zoom	Stew Goodwin
Tuesday	9:00AM - 10:20AM	First 6 Weeks	2-Feb	ALL1128	Massachusetts History, Pride and Prejudice?	Zoom	Stephen Anderson
Tuesday	9:00AM - 10:20AM	Second 6 Weeks	23-Mar	ALL1121	China's Global Objectives	Zoom	Stew Goodwin
Tuesday	10:30AM - 11:50AM	12 Weeks	2-Feb	ALL1174	Great Films	Zoom	Stephen Pastore
Tuesday	10:30AM - 11:50AM	First 6 Weeks	2-Feb	ALL1148	What's the Weather	Zoom	Paul Coteus, John Ward
Tuesday	10:30AM - 11:50AM	Second 6 Weeks	23-Mar	ALL1127	Climate Change and What You Can Do about It	Zoom	Paul Coteus, Cindi Bucken
Tuesday	12:00PM - 1:20PM	12 Weeks	2-Feb	ALL1140	Sharing Spiritual Narrative	Zoom	Frank Noonan
Tuesday	1:30PM - 2:50PM	First 6 Weeks	2-Feb	ALL1159	Travel Talk: The Future Look of Travel	Zoom	Connie Champlin
Tuesday	3:00PM - 4:20PM	First 6 Weeks	2-Feb	ALL1183	Turning Points: Six Pivotal Moments in Ancient History	Zoom	Lawrence Brown
Tuesday	3:00PM - 4:20PM	Second 6 Weeks	23-Mar	ALL1110	Finding Your Religion	Zoom	Lawrence Brown
Wednesday	9:00AM - 10:20AM	12 Weeks	3-Feb	ALL1186	The History of New York City (From 1900 to the Present)	Zoom	Chris Johnston, David Johnston
Wednesday	9:00AM - 10:20AM	First 6 Weeks	3-Feb	ALL1178	It Is in Your DNA! An Introduction to the Human Genome and the Science behind It	Zoom	Steve Munroe
Wednesday	10:30AM - 11:50AM	12 Weeks	3-Feb	ALL1175	Politics 2021	Zoom	Stephen Pastore
Wednesday	10:30AM - 11:50AM	12 Weeks	3-Feb	ALL1177	The Magic of Theater: Who Does What and How They Do It	Zoom	Fran Lautenberger
Wednesday	12:00PM - 1:20PM	12 Weeks	3-Feb	ALL1180	The Economist	Zoom	Paul Groundwater
Wednesday	12:00PM - 1:20PM	Second 6 Weeks	24-Mar	ALL1185	Human Rights: The Evolution and Future of Idealized Values	Zoom	Ivan Barofsky, John Joseph Kennedy Jr.
Wednesday	1:30PM - 2:50PM	12 Weeks	3-Feb	ALL1171	The Second World War	Zoom	Russell Leng

Course Schedule (continued)

Day	Block Time	Session	Starting	ALL #	Course Title	Location	Coordinator(s)
Wednesday	1:30PM - 2:50PM	12 Weeks	3-Feb	ALL1187	Understanding the Bible	Zoom	Rob Swanson
Wednesday	3:00PM - 4:20PM	12 Weeks	3-Feb	ALL1182	Music of the Thirties	Zoom	John Temple
Thursday	9:00AM - 10:20AM	12 Weeks	4-Feb	ALL1117	How Economics Influences Politics	Zoom	Alan Berger, John Ward
Thursday	9:00AM - 10:20AM	First 6 Weeks	4-Feb	ALL1150	Hidden Gems from Reprobates and Rebels	Zoom	David Mulligan
Thursday	10:30AM - 11:50AM	First 6 Weeks	4-Feb	ALL1191	Shakespeare's <i>The Merchant of Venice</i> and <i>Hamlet</i>	Zoom	Nancy Yee
Thursday	10:30AM - 11:50AM	First 6 Weeks	4-Feb	ALL1163	Sustainable Gardening	Zoom	Gina Poole
Thursday	10:30AM - 11:50AM	Second 6 Weeks	25-Mar	ALL1189	The Impact of Women and Discrimination in Post-Trump America	Zoom	Marianne Triplette
Thursday	10:30AM - 11:50AM	Second 6 Weeks	25-Mar	ALL1176	The Chemistry of Life and the World around Us	Zoom	John Ward
Thursday	12:00PM - 1:20PM	First 6 Weeks	4-Feb	ALL1188	Holding Mass Media Accountable	Zoom	Marianne Triplette
Thursday	12:00PM - 1:20PM	First 6 Weeks	4-Feb	ALL1144	Hoffa, the Mafia, the Middle Class	Zoom	John Matley
Thursday	1:30PM - 2:50PM	12 Weeks	4-Feb	ALL055	Loving the Short Story	Zoom	Sheryl Lajoie, Deb Selkow
Thursday	1:30PM - 2:50PM	First 6 Weeks	4-Feb	ALL1153	Would You Like to Improve Your Understanding of Climate Change?	Zoom	Patricia McKean
Thursday	3:00PM - 4:20PM	12 Weeks	4-Feb	ALL780	Writing Incubator	Zoom	Nancy Shoemaker, Bill Holcombe
Friday	9:00AM - 10:20AM	First 6 Weeks	5-Feb	ALL1001	Using Children's Literature to Teach Science	Zoom	Patricia McKean
Friday	9:00AM - 10:20AM	Second 6 Weeks	26-Mar	ALL999	15 Challenges of the Future	Zoom	Tom Murphy
Friday	10:30AM - 11:50AM	12 Weeks	5-Feb	ALL1030	Telling Stories	Zoom	June Calender
Friday	10:30AM - 11:50AM	First 6 Weeks	5-Feb	ALL866	Introduction to Nichiren Buddhism-Section A	Zoom	Susan Whalley, Steve Piontek
Friday	10:30AM - 11:50AM	Second 6 Weeks	26-Mar	ALL1190	Introduction to Nichiren Buddhism-Section B	Zoom	Susan Whalley, Steve Piontek
Friday	12:00PM - 1:20PM	12 Weeks	5-Feb	ALL1170	The Black Experience in America	Zoom	John Matley
Friday	12:00PM - 1:20PM	First 6 Weeks	5-Feb	ALL1192	Using Children's Literature to Teach Science Sequel	Zoom	Patricia McKean
Friday	1:30PM - 2:50PM	12 Weeks	5-Feb	ALL910	Bridge for Beginners	Zoom	Christopher Senie
Friday	3:00PM - 4:20PM	First 6 Weeks	5-Feb	ALL1184	Sharing and Discussing Poems	Zoom	Corina Iukovici
Friday	3:00PM - 4:20PM	Second 6 Weeks	26-Mar	ALL965	Basics of Estate Planning	Zoom	Arthur Crooks, Jr.

REGISTRATION FORM — Spring 2021

FOR OFFICE USE ONLY

CK# _____ Amount _____

Reg.1 _____ Reg.2 _____ Reg.3 _____

Scholarship _____ Legacy _____

Academy for Lifelong Learning
Cape Cod Community College
2240 Iyannough Road
West Barnstable, MA 02668-1599

Please review the REGISTRATION INFORMATION in the catalog before completing your form.

**** Something new: If possible, please complete your form using your computer, tablet or phone BEFORE printing.**

Name _____ **DOB** _____

Street _____

City _____ State _____ ZIP _____

Phone (Home) _____ (Cell) _____ Email _____

Emergency Contact (required) _____ Phone No _____ Relationship _____

Is this a **NEW ADDRESS** since your last registration? _____ **The best way to contact me: Phone** _____ **Email** _____

I am a **FIRST TIME** member of ALL _____ How did you learn about ALL? _____

Please contact me about “coordinator” opportunities: Yes _____ **No** _____

For the \$105 membership fee, you may select from the following options: (make check payable to ALL)
_____ **four** 6-week courses _____ **two** 12-week courses _____ **one** 12-week course & **two** 6-week courses

Please list courses **in order of preference**, including alternate choices. If no alternate choices are listed it is assumed that none are desired. After the registration process is completed, paid members may join unfilled classes **after checking with the coordinator** at no additional cost.

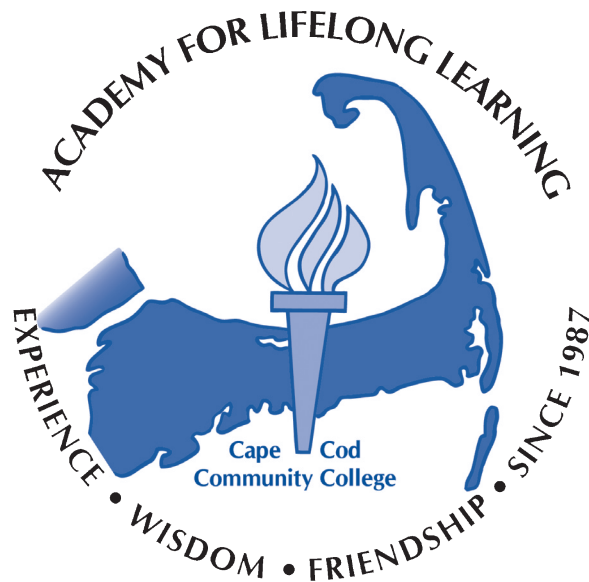
Preferred course(s)

(Off. Use)	Course #	Course Name (preferred)	Day	Time	12 wks.	1st 6 wks.	2nd 6 wks.
_____	1. ALL _____	_____	_____	_____	_____	_____	_____
_____	2. ALL _____	_____	_____	_____	_____	_____	_____
_____	3. ALL _____	_____	_____	_____	_____	_____	_____
_____	4. ALL _____	_____	_____	_____	_____	_____	_____

Alternate Choices in the event preferred courses are full

_____	1. ALL _____	_____	_____	_____	_____	_____	_____
_____	2. ALL _____	_____	_____	_____	_____	_____	_____
_____	3. ALL _____	_____	_____	_____	_____	_____	_____
_____	4. ALL _____	_____	_____	_____	_____	_____	_____

The ALL Registration process will open on Monday, January 11th at 9 a.m. for registration forms received by January 8th. No preference will be given to early postmarks or delivery dates. All registration forms must be submitted by mail. Be sure to include your SIGNED CHECK. Any form received without payment will lose its place in the queue.



Board of Directors 2020-2021

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Jackie Faulhaber	Registration	2021
Miriam Kronish	Curriculum	2023
Patricia McKean	Finance	2022
Marilyn Nouri	Long Range Planning	2023
Rona Robinson	Member-at-Large	2021
Marianne Triplette	Communications	2022
(open)	Special Events	
Judith Roettig	Immediate Past President	2021

Office Administrator: Nancy Weida

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