

## **Reflections 2026** *Submission Guidelines*

Thank you for your interest in the 2026 publication of Reflections. Below are guidelines to assist you with your submission. If you would like help or have a question, as with all items related to Reflections 2026, please do not hesitate to send your questions to [ALLReflections2000@gmail.com](mailto:ALLReflections2000@gmail.com).

We look forward to reading your submission.

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### **Written Content**

- Length
  - 2-3pages of content (This is approximately 1000 words)
  - 2 pages for poem
- Format
  - Margins – 1" all sides
  - Double spaced
  - Font
    - New Times Roman
    - 12 point
  - Word document – NO PDF
    - Only one space between sentence end (period) and new capital

### **Photography/Artwork**

- File Format
  - .JPEG format.
- One (1) image per file.
  - Up to 5 image files for submission
- Image Size
  - 4" x 6"
- DPI (Dots Per Inch)/PPI (Pixels Per Inch)
  - 300 DPI/PPI
- Color/Black-White
  - Color profile: RGB.
  - Black & White - Grayscale

### **All Submissions**

- Include
  - Name
  - Phone Number
  - Email Address
  - Brief Bio – 2 to 3 sentences about yourself.

Send your submissions by email to [ALLReflections2000@gmail.com](mailto:ALLReflections2000@gmail.com)