

Fall 2021
**Course
Catalog**

Volume 20 Number 2

ACADEMY FOR LIFELONG LEARNING of Cape Cod, Inc.



**Academy for Lifelong Learning
Cape Cod Community College**

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www.capecodall.org

Learn
something new,
Connect
with others,
Volunteer
and make new friends.

The Academy for Lifelong Learning

Academic Calendar Fall 2021

Registration begins	Monday, August 23 at 9 a.m.
New Member Orientation	TBA
Coordinators' Luncheon	TBA
Fall Classes begin	Monday, September 13
First six-week classes end	Monday, October 25
Second six-week classes begin	Tuesday, October 26
Classes end	Thursday, December 16
Holidays – no classes	
Columbus Day	Monday, October 11
Veterans Day (observed)	Thursday, November 11
Thanksgiving Break	Tuesday-Friday, November 23-26

Beginning and end dates of courses:

12-week courses		First 6 weeks		Second 6 weeks	
Mondays:	9/13 – 12/6	Mondays:	9/13 – 10/25	Mondays:	11/1 – 12/6
Tuesdays:	9/14 – 12/7	Tuesdays:	9/14 – 10/19	Tuesdays:	10/26 – 12/7
Wednesdays:	9/15 – 12/8	Wednesdays:	9/15 – 10/20	Wednesdays:	10/27 – 12/8
Thursdays:	9/16 – 12/16	Thursdays:	9/16 – 10/21	Thursdays:	10/28 – 12/16
Fridays:	9/17 – 12/10	Fridays:	9/17 – 10/22	Fridays:	10/29 – 12/10

Academic Calendar Spring 2022

Registration begins	Monday, January 10 at 9 a.m.
New Member Orientation	Wednesday, January 26 at 10 a.m.
Coordinators' Luncheon	Wednesday, January 26 at noon
Spring Classes begin	Monday, January 31
First six-week classes end	Monday, March 14
Second six-week classes begin	Tuesday, March 21
Classes end	Monday, May 2
Holidays – no classes	
Presidents' Day	Monday, February 21
Spring Recess	Tuesday-Friday, March 15-18
Patriots' Day	Monday, April 18

Beginning and end dates of courses:

12-week courses		First 6 weeks		Second 6 weeks	
Mondays:	1/31 – 5/2	Mondays:	1/31 – 3/14	Mondays:	3/21 – 5/2
Tuesdays:	2/1 – 4/26	Tuesdays:	2/1 – 3/8	Tuesdays:	3/22 – 4/26
Wednesdays:	2/2 – 4/27	Wednesdays:	2/2 – 3/9	Wednesdays:	3/23 – 4/27
Thursdays:	2/3 – 4/28	Thursdays:	2/3 – 3/10	Thursdays:	3/24 – 4/28
Fridays:	2/4 – 4/29	Fridays:	2/4 – 3/11	Fridays:	3/25 – 4/29

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A Message from Our President

We at the Academy for Lifelong Learning hope this finds all of you safe and in good health! Our last two semesters used the Zoom platform as our remote-learning classroom format, which gave our members the opportunity to reconnect with old friends and even make new ones while avoiding any health risks. The general membership response, based on several surveys, has been quite positive. Like all of you, we look forward to the time when we can safely resume our face-to-face classes. Meanwhile, we sincerely hope that more members will try our Zoom class format since our Fall 2021 semester will also be only on Zoom.

This Fall 2021 catalog will ONLY be an electronic version posted on our website, www.capecodall.org. This catalog includes class listings, an explanation of the registration process including the registration form, and information about on-line class protocols, as well as advice for using Zoom.

We very much miss being with each other in person, both in classes and at social events. Our current plan for the Spring 2022 semester includes both Zoom-based and in-person classes if circumstances permit. We will keep our members apprised as our planning progresses. Meanwhile, please stay healthy and safe.

Jim Lathrop, *President*

From the Curriculum Committee

Welcome to the Fall 2021 semester of the Academy for Lifelong Learning of Cape Cod. We owe a debt of gratitude to our volunteer coordinators who continue to inspire us with their knowledge, commitment, and desire to share their skills and talents with all of us. We encourage those of you with a special interest of your own to share it with us as well in coming semesters.

Registration opens on Monday, August 23, 2021. Classes begin on September 13, 2021. Second six-week classes begin on October 26.

All registration forms must be mailed to us at Cape Cod Community College. If you are enrolled in a class but find that you cannot attend, please e-mail the ALL office - lifelonglearning@capecod.edu. This will enable the coordinator to contact a person on the waiting list to take your place. We appreciate your suggestions and look forward to learning together.

Miriam Kronish, *Chair*

ALL Curriculum Committee

Tim Maguire, Dick Stewart, Henry Tamzarian, David Wright, Nancy Yee, Miriam Kronish

Note: The views and opinions expressed in classes are those of our coordinators and their guest speakers and may on occasion be controversial.

Welcome to ALL

Course Selection

For your planning purposes, a consolidated list of courses arranged by day and time appears after the course descriptions in this catalog which will also be posted on our website www.capecodall.org. Please complete the course selection area of the registration form using each course number, name, day, and time. If possible, please complete your form using your computer, tablet, or phone BEFORE printing. A member can select up to four 6-week classes per semester, two 12-week classes, or one 12-week and two 6-week classes.

Class sizes may vary, so it is important to list alternatives in case your first-choice classes are filled. If no alternatives are listed and your first-choice classes are full, it will be assumed that none are desired, and your payment will be refunded after all registrations are processed.

Registration

Registration processing begins Monday, August 23, and all members will have an equal chance of getting their course choices if their completed registration forms with a signed check are received in the mail by Friday, August 20. Registrations received after that date will be processed daily but not until the original group is processed. Be sure to include a check for the membership fee, currently \$105, made out to ALL. Unfortunately, we cannot accept credit cards and debit cards. If possible, please complete your form using your computer, tablet, or phone BEFORE printing. Please also make a copy of your completed registration form for your records.

To ensure a fair assignment of classes, ALL uses a random selection process. No preference will be given to early postmarks. Any incomplete section may delay the processing of your registration form, and missing or unsigned checks will cause your place in the queue to be lost. Please prioritize your course selections on the numbered registration form and include alternate choices in the event that your selections are full. We will attempt to contact you by e-mail or telephone if none of your selected courses or alternate courses is available or if your check is missing or unsigned, so complete and accurate contact information is important if questions come up about your registration form.

It is very important that ALL has your correct e-mail address, since that is how you will receive class enrollment confirmations and that is how the coordinator will contact you about Zoom access to the class.

The ALL office and desk at Cape Cod Community College will still not be staffed this Fall semester, but phone messages left at 774-330-4400 will be checked remotely on a regular basis. It will be more effective to email your questions regarding the registration process to lifelonglearning@capecod.edu. Include a phone number if you would like someone to call you back. We will attempt to answer your questions promptly.

During the first week of classes, a list of courses with space available will be posted on the ALL website www.capecodall.org. After the first week of each semester, registered members may enroll in any of those courses if seats are available. Contact lifelonglearning@capecod.edu if you would like to add classes to your schedule.

Membership Fees

The membership fee, currently \$105 per person, is paid for each semester in which a member chooses to take courses. The fee covers membership in ALL including any combination of courses as described above plus other educational and social activities (though some events may involve an additional charge). Having been enrolled once, and even if no further fees are paid, members remain on our records for another year and will continue to receive communications. As a thank you, our volunteer coordinators are entitled to take courses at ALL with no membership fee.

In keeping with the purpose of ALL, there may be circumstances where ALL grants free membership to applicants in financial need. Application for this assistance is made via a letter to the president of ALL, and all such information is kept strictly confidential. Classes with low enrollments may be canceled outright, in which case registered attendees will be notified. Those who registered for these courses may enroll in other courses, based on space available, or receive a refund. Refunds of membership fees are available only through the first week of class except in special circumstances and will be issued after the class registration process is completed.

Withdrawals

If you find you are unable to attend a course after receiving your course confirmation, please leave a phone message or send us an e-mail so we may add the seat back into our inventory. If you begin a course and find that you will not be attending, please notify the ALL office as well as the coordinator.

With an on-line learning structure, there may be circumstances where one or more coordinators need to temporarily cancel a class session, in which case they will make reasonable efforts to reschedule that class.

The ALL office is closed, and we are working remotely. The office administrator is on duty from 9:00 am to 3:00 pm most weekdays, and the telephone number to reach us is 774-330-4400. You can also send us comments and questions by e-mail to lifelonglearning@capecod.edu or acadlll@capecod.edu.

Use of Zoom

Fall semester 2021 courses beginning in September 2021 will continue to be taught on Zoom. If you are new to Zoom or not yet comfortable using Zoom, we recommend viewing a video entitled "Joining a Zoom Call for the First Time; Fun and Easy Online Connection," which is viewable at <https://www.youtube.com/watch?v=9isp3qPeQ0E>.

Helpful Hints

Conduct yourselves as you would if you were all in the same room. These tips below help ensure the class goes smoothly for all involved:

- If you haven't used Zoom before, go to Zoom.us prior to the day of your class and familiarize yourself with any features you may need to use, for instance, mute/unmute microphone and stop/start video (i.e. your camera).
- Join early – up to 5 minutes before the class start time.
- Have your video on unless you are experiencing connection issues.
- Find a quiet space without interruptions or background noise.
- If possible, avoid backlight from bright windows.
- Adjust your camera to be at around eye level if possible – especially take note of the angle of your laptop screen if using the built-in camera.
- Mute your microphone when not talking.
- Try to avoid talking over or at the same time as other participants.
- Be aware you are on camera and visible to your classmates. Make sure you are fully dressed. Avoid eating, checking your cell phone, and talking to others who may be in the same room with you.
- If you wish to ask a question or offer a comment, please raise your hand so that the coordinator can see it on-screen.

To ensure a fair assignment of classes, ALL uses a random selection process. Those who have submitted registration forms, along with payment, that are received by Friday, August 20, 2021, will have an equal chance of getting the courses they selected. No preference will be given to early postmarks or delivery dates. All registration forms received after August 20 are processed when received. Please be sure to include alternate choices in case the classes you chose are full.

ALL WANTS YOU!

Consider becoming a coordinator of a class at the Academy for Lifelong Learning in the Spring 2022 Session.



We strive to offer a wide variety of learning opportunities for adults on Cape Cod. If you have a special skill, vocation or expertise in a field that you would like to share with our community, we invite you to propose a 12-week or 6-week course for next semester. Please contact the ALL office at lifelonglearning@capecod.edu or (774) 330-4400 if you are interested in exploring this wonderful opportunity.

For our veteran coordinators: The Curriculum Committee will begin scheduling classes on October 15. Proposals greatly

appreciated by early October. Contact lifelonglearning@capecod.edu if you need help accessing the portal.

Course Description (50 to 75 words) Please describe your course and briefly discuss what you expect to accomplish in class. List any readings, materials, videos, etc. you intend to use. Explain the format of the course such as mostly lectures and discussion, mostly a lecture format, mostly class discussion and/or other teaching formats you will use in this class.

Bio (30 to 40 words) Please list your qualifications including any degrees, educational background and interests that relate directly to this course. Include any relevant information that shows your mastery of the subject and your passion for the topic.

MONDAY**Personal Essays of Black Experience in America ALL1214**

Monday 9:00AM - 10:20AM ZOOM
 First 6 Weeks 13-Sep Limit: 20

We will read and discuss two texts, James Baldwin's *The Fire Next Time* and Ta-Nehisi Coates' *Between the World and Me*, two related examples of the writing of iconic Black intellectuals. Both authors tell very personal stories of life as Black men confronting systemic racism in America in all too similar ways. Both are short and readable books so we will have plenty of time for discussion. Class members will be invited to lead the discussion during a class, so please bring your calendars to the first session. I will ask each class member to share their personal experience with Black literature and the authors we will be reading. Please read Baldwin's letter to his nephew at the beginning of his book.

Coordinator: Paul Groundwater. While serving as a chairperson of the Diversity Committee at the Northwestern Osher Lifelong Learning Institute, Paul read many books, and took and led many classes about the historical context echoed in contemporary Black life in America. He coordinated field trips to various museums and exhibitions to expand members' understanding of the challenges others face. He hopes to leverage those experiences at ALL.

Harry S. Truman ALL1207
 Monday 10:30AM - 11:50AM ZOOM
 First 6 Weeks 13-Sep Limit: 25

The man who took over from Roosevelt was the leader of the Western world and did a surprisingly good job for a political hack from Independence, MO. Fortunately, there is a great deal of footage on file, and as much as possible, Truman himself can explain to us his reasons for some of his decisions.

Coordinator: John Matley. John used to tell people where to go during 25 years as an industrial engineer, 30 years on the playing field applying rules, and then 20 years making maps so people could make their own choices. Knowledge of history is how you avoid bad choices.

DNA Testing for Genealogical Purposes ALL1196

Monday 10:30AM - 11:50AM ZOOM
 Second 6 Weeks, 1-Nov Limit: 25

This class will cover how to use DNA testing for genealogical purposes including answering these questions: What kinds of genealogical information can be obtained through DNA testing? What are the limitations and potential risks of doing DNA testing? How do the most popular DNA testing options compare to each other? What are best practices for analyzing DNA information?

Note: We will not be discussing DNA testing for health purposes. A short questionnaire will be sent to class participants by email before the first class. There are no required textbooks but a reading list will be provided by the coordinator.

Coordinator: Susan Feinberg. Susan is an amateur genealogist who retired from a career in banking technology. She has used DNA to find scores of "new" cousins and frequently volunteers to help others understand their results.

Memoirs - Lest We Forget ALL1210
 Monday 10:30AM - 11:50AM ZOOM
 12 Weeks 13-Sep Limit: 15

We have all had time to reflect on our life experiences. Some have begun writing memoirs to share family history, events, travels, and life experiences. Others want to begin this journey into their memory bank. In this class, participants are asked to bring and share some of their writings. Other will get ideas from class discussion and listening to others. During the first class, members will get to know each other, brainstorm some writing topics, and try a free writing technique.

Coordinator: Dianne Tattersall. Dianne is a retired secondary English teacher and department chair who has taught a variety of writing classes and workshops. She has published articles on writing and student leadership.

MONDAY (Continued)

12 Directors/12 Masterpieces **ALL1173**
 Monday 12:00PM - 1:20PM ZOOM
 12 Weeks 13-Sep Limit: 25

This course will discuss and analyze 12 films from world-renowned directors past and present. The discussion will center on the story construction, the film's visual elements, the particular filmic style of the director, and why the film is considered a masterpiece. For the first class please watch *The Searchers* (1956), directed by John Ford. A complete list of films and a syllabus will be provided once the class is fully registered.

Coordinator: Joseph Gonzalez. Joe has worked as a bilingual script supervisor in movies, commercials, music videos, and television and as a screenwriter of short and feature films. He studied film at the New School for Social Research in NYC. He has taught several other film courses at ALL.

Playful Bookbinding - Origami and the Zhen Xian Bao Thread Book **ALL1218**
 Monday 12:00PM - 1:20PM ZOOM
 12 Weeks 13-Sep Limit: 25

Imagine "turning the pages" of a little book and, rather than finding a story, finding a labyrinth of beautiful boxes. This is the Zhen Xian Bao thread book. An ingenious example of origami folk art, it was originally designed to hold little pieces of thread, needles, or other small things. First you will learn the basic folds and structure, then you will add your own unique design aesthetic to create a one-of-a-kind model. We will have time to make several versions of this ingenious origami "book". This project is appropriate for both new and experienced origamists. Supplies for first three to four weeks: (1) Duo (color or pattern on both sides) six inch origami paper (kami) and eight sheets of flexible (not too rigid) scrapbook paper. (2) A bone folder or OLD credit card for making sharp folds. (3) A double-sided tape dispenser. Contact coordinator Andrea Plate at aspcare2@gmail.com with any questions.

Coordinator: Andrea Plate. Andrea has practiced origami for over 10 years and displays her work in local art shows. She has studied independently by participating in online

workshops and by attending origami conventions. Her passion is sharing the value, benefits, and joy of folding with others. She has been successfully teaching origami through zoom for ALL and other South Shore organizations.

Hitchcock: The Dark Side of Genius and Pure Cinema **ALL1169**
 Monday 1:30PM - 2:50PM ZOOM
 12 Weeks 13-Sep Limit: 25

Alfred Hitchcock used film as a conduit to express his views of the world and also as a visual palette to explore many of his dark obsessions, his philosophy of life, and his sexuality. In this 12-week course we will view and analyze 10 of his films paired according to themes including voyeurism, transference of guilt, and the dichotomy of good and evil. It is suggested that you watch the documentary based on the book "*Hitchcock/Truffaut*," but it is not necessary. It is available at the local Cape Cod Libraries and on HBO.com, Amazon Prime, Hulu, Netflix and Kanopy.com

Coordinator: Joseph Gonzalez. Joe has worked as a bilingual script supervisor in movies, commercials, music videos, and television and as a screenwriter of short and feature films. He studied film at the New School for Social Research in NYC. He has taught several other film courses at ALL.

Thank You, Native America **ALL1193**
 Monday 1:30PM - 2:50PM ZOOM
 Second 6 Weeks 1-Nov Limit: 25

Discover the myriad of contributions Native America has given our country and the world. Do you enjoy Szechuan cuisine, chocolate ice cream, napping in a hammock, or paddling a kayak or canoe, take aspirin for a headache, believe in environmental protection, or appreciate our democratic form of government? These contributions and many more will be discussed as we delve into the rich heritage of the Americas' indigenous peoples.

Coordinators: Frank Cuphone, John Kennedy. Frank has been a lifelong student of Native American history and culture. John taught many years at the university level and has done numerous literary and historical classes at ALL.

TUESDAY

Transition to a New World Order – Section A **ALL1194**

Tuesday 9:00AM - 10:20AM ZOOM
 12 Weeks 14-Sep Limit: 25

Transitioning to a new world order will involve many factors. We will cover many of them over 12 weeks. We will also make some predictions as to how things will turn out, covering topics such as the rise of China, climate change impacts, new states, and conflict zones.

Coordinator: Stew Goodwin. Stew has taught at ALL for over 15 years after retiring from a career in the international investment business.

Massachusetts History, Pride and Prejudice? Part 2 **ALL1198**

Tuesday 9:00AM - 10:20AM ZOOM
 First 6 Weeks 14-Sep Limit: 25

In this new class we will discuss the Wampanoag People, European colonization, Metacom, and the King Philip's War. We will consider how disease, religion, land use, and trade impacted the relationship between the colonists and the native people. The American Revolution in Massachusetts before April 1775 in Lexington and resistance to British rule in Western Massachusetts will be highlighted. Finally, we will discuss how the Shawmut Peninsula became Boston through landfill, mergers, waterworks, highways, eminent domain, and urban renewal. Students are asked to attend with a full ration of patience and a robust sense of humor. This course is open to all; Massachusetts History Part 1 is not a prerequisite.

Coordinator: Stephen Anderson. Steve, a lifelong resident of Massachusetts, is a retired trial lawyer who traveled the state. His interest in local history was enhanced by plaques and memorials he read at courthouses while waiting for judges or juries, mostly judges. He has been a member of ALL for three years. So far so good!

What's the Weather **ALL1148**

Tuesday 9:00AM - 10:20AM ZOOM
 Second 6 Weeks 26-Oct Limit: 25

We will explain the fundamentals of climate and weather, and how weather is modeled and predicted. The class will have a special focus on conditions predicted for Cape Cod in the seasons and years ahead. Attendees should leave the class with a better understanding of what makes our weather change, and how global warming is expected to affect the Cape.

Coordinators: Paul Coteus and John Ward.

John, a long-time private pilot and amateur meteorologist, will focus on what drives the weather short term and how to better understand forecasts. Paul, a recently retired physicist and IBM Fellow, will focus on climate. He has been leading a small team of scientists, engineers, and concerned folks to study methods to remove excess carbon from the atmosphere (see globalcarboncatchers.com).

Hoffa, the Mafia, the Middle Class **ALL1144**

Tuesday 10:30AM - 11:50AM ZOOM
 Second 6 Weeks 26-Oct Limit: 25

We will examine Jimmy Hoffa, once thought to be the most powerful man in the nation, the history of the union he led, his ties to organized crime, the Kennedy effect, and then the consequences of his actions on this country.

Coordinator: John Matley. John spent 24 years in management of the trucking industry, with both union and non-union firms.

The Economist **ALL1219**

Tuesday 12:00PM - 1:20PM ZOOM
 12 Weeks 14-Sep Limit: 18

The Economist weekly, acclaimed for its analyses of world news, politics, and business, also has sections on science, technology, books, the arts, and other issues of current interest. Each week we will discuss articles from that week's *Economist*. Volunteers will lead the discussions of articles they select, while respecting our varied backgrounds and opinions. Our opinions might even change on occasion. A subscription to *The Economist* is required, information available at 1-800-456-6086 or www.economistsubscriptions.com. Coordinator will select the articles and lead discussion for the first class. Please have your calendar available to sign up to lead a class discussion.

TUESDAY (Continued)

Coordinator: William Clements. Bill retired to the Cape in 2015 after working as a software engineer for 40 plus years. He has taken ALL courses every spring since then, but this will be the first one he has coordinated. Originally from the U.K., he particularly enjoyed the previous (Spring 2021) course on *The Economist* and wanted to keep it going - the news is always changing!

Belief in the Age of Science **ALL1212**
 Tuesday 12:00PM - 1:20PM ZOOM
 First 6 Weeks 14-Sep Limit: 25

This course will be based on the book by Robert L. Park, *Superstition: Belief in the Age of Science* (used books available on Amazon). There is no need to read the book; topics for discussion will be provided each week. Discussions are open-ended, no right or wrong, good or bad - provocative though. All thoughts and opinions welcome.

Coordinator: Barbara Leedom. Barbara has facilitated "thought" courses for 10 plus years.

The Art of Nonviolent Communication **ALL1199**
 Tuesday 1:30PM - 2:50PM ZOOM
 12 Weeks 14-Sep Limit: 15

The course will work from Marshal Rosenberg's book, *Nonviolent Communication: A Language of Life*, as a framework for bringing empathy, collaboration, and freedom to both interpersonal and more formal negotiation activities. While the principles of nonviolent communication are easy to affirm in one's head, their practice can prove more challenging. First, we will review Rosenberg's book and then practice nonviolent communication with negotiation exercises chosen by the class.

Coordinator: Frank Noonan. Frank, Professor Emeritus at Worcester Polytechnic Institute, has coordinated ALL courses in discernment, negotiation, and spiritual memoir. He served ten years as a university ombudsman and is certified in spiritual direction.

How Philosophy Can Change Your Life **ALL489**
 Tuesday 1:30PM - 2:50PM ZOOM
 12 Weeks 14-Sep Limit: 25

This is a reading and discussion class based on Marietta McCarty's book *How Philosophy Can Change Your Life*.

Coordinator: Claire Briand. Claire is a retired speech/language pathologist with a lifelong interest in philosophy.

Turning Points: The 60s – Section A **ALL1208**
 Tuesday 3:00PM - 4:20PM ZOOM
 First 6 Weeks 14-Sep Limit: 25

This course will focus on "the 60s". In six weeks, we will look at different developments that shaped our future for over a half-century: the arms and space race, the counterculture, the Civil Rights movement, the Vietnam War, the Sexual Revolution and where it all left us. During this tumultuous period we changed into somebody else, and those who weren't changed, tribalized. Debates, music, shared stories are all welcome.

Coordinator: Lawrence Brown. Lawrence has been a teacher at Cape Cod Academy for 34 years and a columnist for the Cape Cod Times for 36. He's published 5 books including a text on Hindu theology and a world geography textbook and had a lifetime thinking about what the 60s meant.

Turning Points: Becoming America **ALL1213**
 Tuesday 3:00PM - 4:20PM ZOOM
 Second 6 Weeks 26-Oct Limit: 25

The goal of this course is to help us better understand how we became the nation we are today: the "First People" and their legacy, our colonial heritage, slavery and its enduring impact, pioneering the arts of self-government, and its limitations, how we became an industrial, cultural and military colossus, and the struggle for economic justice. We'll uncover the essential arguments America has always had in finding our way and defining ourselves.

Coordinator: Lawrence Brown. Lawrence has been a teacher at Cape Cod Academy for 34 years and a columnist for the Cape Cod Times for 36. He's published five books including a text on Hindu theology and a world geography textbook and been a teacher of American history.

WEDNESDAY

Transition to a New World Order - Section B **ALL1195**
 Wednesday 9:00AM - 10:20AM ZOOM
 12 Weeks 15-Sep Limit: 25

Transitioning to a new world order will involve many factors. We will cover many of them over 12 weeks. We will also make some predictions as to how things will turn out, covering topics such as the rise of China, climate change impacts, new states, and conflict zones.

Coordinator: Stew Goodwin. Stew has taught at ALL for over 15 years after retiring from a career in the international investment business.

15 Challenges of the Future **ALL999**
 Wednesday 9:00AM - 10:20AM ZOOM
 Second 6 Weeks 27-Oct Limit: 20

This is a course based on *15 Challenges of the Future*, a product of the global think tank, The Millennium Project (themp.org). The challenges include the environment (global warming), global water, population growth, democracy, the internet and communications, global economies, health, education, peace and conflict, women's issues, energy, crime, science and technology, and global ethics (or how do we find meaning in all this?). We rotate doing a few of the challenges each six-week session. Go to themp.org, click on the 15 Challenges, on the next page on the left click on each of the challenges. Read the "Short Version"; it is free.

Coordinator: Tom Murphy. Tom has worked with the Millennium Project, a think tank in Washington DC, as an education associate for 20 years. As a physician, he has edited the "Challenge on Global Health," and he has taught these challenges in the high schools of Washington, DC, and at various times, as a lecturer in Vancouver and Toronto in Canada.

Japanese Theater **ALL1200**
 Wednesday 10:30AM - 11:50AM ZOOM
 First 6 Weeks, 15-Sep Limit: 25

This course will explore the traditional forms of Japanese theater, including its history and cultural significance. We will also take a look at more modern forms of theater and how they fit into the overall creative life of Japan. Class will include videos and discussion.

Coordinator: Fran Lautenberger. Fran, Professor Emeritus from the University of Alaska Anchorage, has worked in all areas of the theater including designing, directing, acting, play-writing and puppetry. She is eager to share her expertise with ALL members.

World War I: Causes, Conduct, and Consequences **ALL1204**
 Wednesday 10:30AM - 11:50AM ZOOM
 Second 6 Weeks, 27-Oct Limit: 25

Some of the greatest changes in the modern world had their origins to the First World War and its consequences. We will examine (1) how the Great War occurred, (2) how the U.S. entered the war, (3) how the war was fought, both by the generals and in the trenches, (4) patriotism, politics, and poetry on the home front, (5) the controversial Versailles Treaty at the end of the war, and (6) the Great War's legacy today.

Coordinator: Russell Leng. Russell is an emeritus Professor of political science at Middlebury College. He has taught several ALL courses. His most recent course was on World War II.

Enjoying Men's and Women's Senior Golf **ALL1211**
 Wednesday 12:00PM - 1:20PM ZOOM
 First 6 Weeks 15-Sep Limit: 25

This class will offer open discussion and useful tips for men and women senior golfers, led by two very senior amateurs who love the game. Some of the topics we will cover: best golf exercises for seniors, effective and fun practice routines, managing an aging body, on-course strategy, problem shots, rules and scoring, and how to keep play positive and fun.

Coordinators: Russell Leng, Bill Richmond. Russ is a retired college professor and devoted "student of the game," who struggles with a high handicap on Vermont courses. He has been a coordinator for several ALL courses on diplomatic history. Bill is a retired architect, who once tried to qualify for the Senior Tour, and has played golf for 74 years.

WEDNESDAY (Continued)

Understanding the Church of the New Testament **ALL1205**
 Wednesday 12:00PM - 1:20PM ZOOM
 First 6 Weeks 15-Sep Limit: 20

Set aside the 1,900 plus years of historical development and all of what may be familiar to us. What should the church be? What should it look like? "Church" will be examined through sub-topics: (1) covenant and kingdom, (2) Christ and the Holy Spirit. (3) grace and faith, (4) people and purpose. The text for this course will be New Testament selections and lecture notes that will be sent a week in advance. Class time will feature discussion, evaluation, and practical applications.

Coordinator: Rob Swanson. Rob is a retired pastor and missionary and author of *The Bible Reader's Companion*.

The Art of Discussion **ALL1123**
 Wednesday 12:00PM - 1:20PM ZOOM
 Second 6 Weeks, 27-Oct Limit: 20

We seldom experience full and fulfilling discussion with people who are not like us. Many discussions end prematurely or abruptly. What can we do to build bridges of good communication? This course looks at the general principles of communication and argumentation, with examples in the areas of morality, philosophy, religion, and politics. Extensive notes will be mailed weekly, and time will be allotted in class for the practice of discussion.

Coordinator: Rob Swanson. Rob is a retired pastor and missionary. He is an author, counselor and lifelong leader in media and group communication.

Pilgrims, Puritans and Early Cape Cod History **ALL720**
 Wednesday 1:30PM - 2:50PM ZOOM
 Second 6 Weeks 27-Oct Limit: 25

Explore the life and times of the Pilgrims and Puritans before and after their arrival on Cape Cod. Follow the religious and political upheavals that forced them to relocate to the Netherlands and then to New England. Study their exploration of Cape Cod from 1500 to 1620 along with the

fur trade, colonization, and peaceful/hostile relationships with the Native Americans. We will discuss how the achievements of the Plymouth Colony affect your life today, e.g., the Bill of Rights, separation of church and state, civil marriages, selectman form of government, and America's first constitution. Preliminary materials will be emailed to registered students prior to the first session.

Coordinators: Francis D. Robinson, Dorothy B. Robinson. Francis is a former Connecticut educator with advanced degrees in history and education. He and wife Dorothy are co-authors of numerous historical genealogies, publications, articles, and books, many focusing on early New England families. They developed resource materials to accompany this course.

Turning Points: The 60s -- Section B **ALL1209**
 Wednesday 3:00PM - 4:20PM ZOOM
 First 6 Weeks 15-Sep Limit: 25

The course will focus on "the 60s". In six weeks, we look at different developments that shaped our future for over a half-century: the arms & space race, the counterculture revolution, the Civil Rights movement, the Vietnam War, the Sexual Revolution and where it all left us. During this tumultuous period we changed into somebody else and those who weren't changed, tribalized. Debates, music, shared stories are all welcome.

Coordinator: Lawrence Brown. Lawrence has been a teacher at Cape Cod Academy for 34 years and a columnist for the Cape Cod Times for 36. He's published five books including a text on Hindu theology and a World Geography textbook and has had a lifetime thinking about what the 60s meant.

Music of Deliberation **ALL1215**
 Wednesday 3:00PM - 4:20PM ZOOM
 12 Weeks 15-Sep Limit: 25

Back in the spring of 2020, I thought a fall course on "Music of Liberation" might help celebrate our emergence from the pandemic. A year later, it's time for a playful corrective. What is music of "deliberation"? Music that has logic, intentionality, inevitability—i.e. deliberateness. Music that's not rhapsodic or loosey-goosey but offers a bracing synthesis of intellect and emotion, conflict and

WEDNESDAY (Continued)

resolution. The classical world is rich with examples, from Bach's cantatas to Bruckner's symphonies, Mozart's 40th to Mahler's 9th, Schubert's quintet to Stravinsky's Apollo, Shostakovich preludes to Silvestrov's symphonies. We'll pick from the best.

Coordinator: John Temple. John is a retired business writer, lifelong listener, long-ago music student, classical concert reviewer, and occasional builder and restorer of musical instruments. His previous ALL courses have included Mozart's piano concertos, chamber music, choral music, unfinished symphonies, and musical master classes.

THURSDAY**Reprobates Who Have Left Hidden Gifts to The World** **ALL1197**

Thursday 9:00AM - 10:20AM **ZOOM**
First 6 Weeks 16-Sep **Limit: 25**

Often criticized during their lives, these six people have left a legacy of wisdom and hope to our generation. The six are Eleanor Roosevelt, Pope Francis I, Jane Jacobs, James Baldwin, Hannah Arendt and William James. The format of the class will include presentations, discussion and a list of preferred readings. There is no formal text. A list of suggested readings will be given in the first class.

Coordinator: David Mulligan. Dave, a former missionary who worked in Bolivia, was the MA Commissioner of Public Health for eight years. He was also an associate professor at Stonehill College. He has been teaching for ALL for about 10 years. Dave loves to read and to talk about the people he meets in books.

Sustainable Gardening **ALL1163**

Thursday 9:00AM - 10:20AM **ZOOM**
First 6 Weeks 16-Sep **Limit: 20**

Let's "Go Green" in our gardens and have ourselves a really good time doing it. This class will focus on learning and sharing sustainable practices in the home garden. The class will include lectures (short!), class discussion (lots!), and hands-on projects (fun!). Possible topics include: birds, compost, invasives, mulch, natives, organic alternatives, pollinators, and wildlife. Please come to class prepared to "get down and dirty."

Coordinator: Gina Poole. Gina is a teacher, musician and life-long lover of music....and gardens! She is a certified Master Gardener who now gardens in Sandwich Village and East Brewster.

The Chemistry of Life and the World around Us **ALL1176**

Thursday 9:00AM - 10:20AM **ZOOM**
Second 6 Weeks 28-Oct **Limit: 25**

This course will offer a high-level review of the basics of chemistry that touch upon our lives. Topics will include natural gas, sugars and alcohols, proteins and DNA, plastics, and narcotics. Primo Levi's text, *Carbon*, will be distributed in PDF format before the first class. Extensive slide packs will be provided week by week. Please read Primo Levi before the first class.

Coordinator: John Ward. John has a Masters in Chemistry from Oxford and an MBA from Manchester (UK). He has spent most of his career in the New York financial services industry but has had a lifelong love of chemistry.

Honor and Love: Antony and Cleopatra and Much Ado about Nothing **ALL1201**

Thursday 10:30AM - 11:50AM **ZOOM**
First 6 Weeks 16-Sep **Limit: 25**

How does Shakespeare define the nature of love? Does love trump all other emotions or desires—honor, political ambition, friendship? Would you agree to kill a friend in the name of love? Lovelace claimed, "I could not love thee, dear, so much, Lov'd I not Honour more." Is he or is Shakespeare correct? Our texts will be *Antony and Cleopatra* and *Much Ado about Nothing*. Please read Act I of *Antony and Cleopatra* for the first class.

Coordinator: Nancy Yee. Nancy is an Emerita Professor of English at Fitchburg State University. The variety of human nature that Shakespeare reveals in his plays never ceases to amaze her as well as the new ways to understand Shakespeare that class members suggest.

THURSDAY (Continued)

Garden Literature-Reading and Writing about the Garden **ALL1206**
 Thursday 10:30AM - 11:50AM ZOOM
 First 6 Weeks 16-Sep Limit: 20

Many dedicated gardeners are also excellent writers. I will be sharing my favorite garden writing-past and present. I have been a passionate gardener for many years, have always kept a garden journal, and wrote a weekly garden column for the local paper for five years. Class participants will also be encouraged to do their own garden writing/journaling to share with the class.

Coordinator: Pat Stover. Pat's prior courses at ALL focused on women's history and looking at literature/film/TV from feminist perspectives. With this class she turns to another major passion-gardening, and writing and reading about it.

It Is in Your DNA! An Introduction to the Human Genome and the Science Behind It **ALL1178**
 Thursday 10:30AM - 11:50AM ZOOM
 Second 6 Weeks 28-Oct Limit: 25

This course will cover the history, science and impact of the human genome project. The latter half of the course will focus on advances in medical science, ethical challenges, and other societal issues arising in this post-genomic era, including our understanding of human origins. Class discussion is encouraged and students with specific interests relevant to the course will be offered an opportunity to present. The text, recommended as a supplementary reference, will be *DNA: The Story of the Genetics Revolution* (2017) James D. Watson with Andrew Berry and Kevin Davies (A.A. Knopf, NY).

Coordinator: Steve Munroe. Steve is Professor Emeritus of Biological Sciences at Marquette University where he taught biochemistry and conducted research in molecular genetics for more than 35 years. He has been interested in the human genome project since its inception.

Exploring the "New Normal" **ALL1216**
 Thursday 12:00PM - 1:20PM ZOOM
 First 6 Weeks 16-Sep Limit: 25

We have been told that the "new normal" will be different from the way things were pre COVID-19 pandemic. This course will explore post COVID-19 trends in health, business, travel, government, politics, mass media and community. In discussion we will identify opportunities for each of us to support positive trends and to help "shape the new future".

Coordinator: Marianne Triplette. Marianne has spent many years contributing to and studying these topics. She has more than three decades of experience as a professor in business leadership and as a life coach. She has earned degrees in organizational behavior and group dynamics.

The Impact of Women in the "New Normal" **ALL1217**
 Thursday 12:00PM - 1:20PM ZOOM
 Second 6 Weeks 28-Oct Limit: 25

We have been told that the "new normal" will be different from the way things were pre COVID-19 pandemic. This course will explore the impact of women on post COVID-19 trends in health, business, travel, government, politics, mass media and community. In discussion we will identify opportunities for each of us to support positive trends and to help "shape the new future".

Coordinator: Marianne Triplette. Marianne has spent many years contributing to and studying these topics. She has more than three decades of experience as a professor in business leadership and as a life coach. She has earned degrees in organizational behavior and group dynamics.

The Story of London **ALL 1220**
 Thursday 12:00PM - 1:20PM ZOOM
 12 Weeks 16-Sep Limit: 15

London is a modern city with a remarkable past. We have revised our previous offering of this course, using new videos and slides to present an exciting story of castles, palaces, parks, kings and queens, museums, fires and plagues, the underground and much more.

Coordinators: Chris Johnston and David Johnston. Chris and David have taught in private schools for a combined total of more than fifty years, plus about ten years as ALL coordinators.

THURSDAY (Continued)

The Enduring Cape Cod Theater Tradition **ALL1203**
 Thursday 1:30PM - 2:50PM ZOOM
 First 6 Weeks 16-Sep Limit: 25

The course takes a look at the long and important history of theater on Cape Cod. Throughout the six-week session, we will explore the origins of the Cape's world-renowned theater culture, going back more than 100 years to early actors' colonies, and the critical influence of Eugene O'Neill and the Provincetown Players. Then, over the next five weeks, we will take a virtual tour of the Cape's theatrical geography, exploring the history and present-day activities of theaters up-and-down the Cape. If possible the course will include a trip to one of the Cape's historic theaters. Course texts: *A History of Theater on Cape Cod* by Sue Mellen, Please read the first chapter for the first class. Additional readings: *Tennessee Williams in Provincetown* by David Kaplan (optional), *Time and the Town* by Mary Heaton Vorse (optional).

Coordinator: Sue Mellen. I am a longtime writer, author and theater reviewer, with more than four decades of writing and teaching experience. My book, *A History of Theater on Cape Cod*, is a long-overdue look at the enduring and important Cape Cod theater culture. I also continue to operate my writing/publishing business, YourWriters.

Loving the Short Story **ALL055**
 Thursday 1:30PM - 2:50PM ZOOM
 12 Weeks 16-Sep Limit: 25

The students will discuss two stories at each session, sharing ideas and perceptions to enhance the understanding of the readings. The text for this course will be *2021 Pushcart Prize XLV Best of the Small Presses*, edited by Bill Henderson, as well as a few on-line stories.

Coordinators: Sheryl Lajoie and Deb Selkow. Sheryl has led this class for many years and thoroughly enjoys analyzing the stories and gaining insights from class participants. Deb is a retired English teacher who has spent her life reading, writing and watching stories unfold. A long-time class participant, she loves to share story talk with others; sometimes it teaches her how to be in a complicated world.

Would You Like to Improve Your Understanding of Climate Change? Updated Course **ALL1153**
 Thursday 1:30PM - 2:50PM ZOOM
 Second 6 Weeks 28-Oct Limit: 25

This course, an introduction to climate change, will use the text *Global Weirdness*, by Climate Central (IPCC/International Panel on Climate Change). Although it was published in 2012, the science concepts remain the same; only the data has changed. I also will use data from the *2019 IPCC report*. Participants will be asked to read specific chapters weekly. We will discuss each chapter, and I will use a document camera, hands-on activities, and demonstrations to help you better understand the climate of the future.

Coordinator: Patricia McKean. Pat, a classroom science teacher for 44 years, has presented teacher and student workshops nationally and internationally and specializes in teaching science through literature. She currently serves as a science education consultant. She also serves as a peer reviewer for the National Science Teachers Association's journal, *Science and Children*.

Writing Incubator **ALL780**
 Thursday 3:00PM - 4:20PM ZOOM
 12 Weeks 16-Sep Limit: 25

In the literary world an incubator is a group of like-minded people who provide space and time while offering mentoring to accomplish writing goals. This class encourages the formation and development of new ideas and stories in a relaxed atmosphere. We welcome all genres of writing.

Coordinators: Nancy Shoemaker and Bill Holcombe. Nancy is a printer, graphic designer, publisher, photographer, and local historian. Bill has returned to poetry after a hiatus of 30 years and written over 100 poems since 2014. Protest of authority is a lifelong theme.

FRIDAY

Using Children's Literature to Teach Science

ALL1001

Friday 9:00AM - 10:20AM
Second 6 Weeks 29-Oct

ZOOM
Limit: 16

Pat will teach 20 simple science activities to participants so they can teach these activities to their children or grandchildren. Using books listed on her website, each linked to a basic science activity, Pat will introduce concepts of science weekly, either physics, chemistry, astronomy, earth science, life science, math, or process skills. The text will come from the website: <https://intranet.cshgreenwich.org/heartNet/childrensLitAndScience.asp>. Participants will need a computer to view activities and download printable sheets. Please have scissors, tape, glue stick, ruler, crayons, or colored pencils available for class. Participants will be mailed any additional materials needed for activities. Pat will use a document camera to help participants watch the activities during the ZOOM session.

Coordinator: Patricia McKean. Pat, a classroom science teacher for 44 years, received the Connecticut Christa McAuliffe Fellowship for her program, Using Children's Literature to Teach Science. She has presented teacher and student workshops nationally and internationally and specializes in teaching science through literature. She currently serves as a science education consultant and as a peer reviewer for the National Science Teachers Association's Journal *Science and Children*.

Introduction to Nichiren Buddhism – Section A

ALL866

Friday 10:30AM - 11:50AM
First 6 Weeks 17-Sep

ZOOM
Limit: 15

Through the profound Buddhist teachings of hope, victory, and personal discovery, we will delve deeply into our interconnectedness with all life and tap into the enlightened nature we already possess. This is suitable as an introductory class for first-timers and also as a second part of the Introduction to Nichiren Buddhism course taught for the last several years. The course text, *The Buddha in Your Mirror*, can be read as a companion piece to the course, but it is not required. NOTE: This course will be offered in the first six weeks and repeated again in the second six weeks at the same day/time.

Coordinators: Susan Whalley and Steve Piontek.

Susan, a retired school counselor, has been a practicing Nichiren Buddhist for 45 years. Steve, a retired magazine editor who also teaches ALL courses about opera, has also been practicing Nichiren Buddhism for over 45 years.

Introduction to Nichiren Buddhism – Section B

ALL1190

Friday 10:30AM - 11:50AM
Second 6 Weeks 29-Oct

ZOOM
Limit: 15

Through the profound Buddhist teachings of hope, victory, and personal discovery, we will delve deeply into our interconnectedness with all life and tap into the enlightened nature we already possess. This is suitable as an introductory class for first-timers and also as a second part of the Introduction to Nichiren Buddhism course taught for the last several years. The course text, *The Buddha in Your Mirror*, can be read as a companion piece to the course, but it is not required. NOTE: This is the same course that is being offered in the first six-week session.

Coordinators: Susan Whalley and Steve Piontek.

Susan, a retired school counselor, has been a practicing Nichiren Buddhist for 45 years. Steve, a retired magazine editor who also teaches ALL courses about opera, has also been practicing Nichiren Buddhism for over 45 years.

Telling Stories

ALL1030

Friday 10:30AM - 11:50AM
12 Weeks 17-Sep

ZOOM
Limit: 12

You will learn to tell stories, in writing, in various forms--short story, flash fiction, creative nonfiction, becoming familiar with the literary elements that go into stories. Please have a pen and paper (or iPad) by your side. Each week you will write and read your work to the class.

Coordinator: June Calender. June has written in most forms especially stage plays. Lately she has published fiction, poems and creative nonfiction.

FRIDAY (Continued)

Using Children's Literature to Teach Science-Sequel **ALL1192**
 Friday 12:00PM - 1:20PM ZOOM
 Second 6 Weeks 29-Oct Limit: 25

This is a sequel course. Pat will teach 20 NEW simple science activities to participants so they can teach these activities to their children or grandchildren. Using books listed on her own website, each linked to a simple, basic science activity, Pat will introduce concepts of science weekly, either physics, chemistry, astronomy, earth science, life science, math, or process skills. The text will come from the website: <https://intranet.cshgreenwich.org/heartNet/childrensLitAndScience.asp>. Participants will need a computer to view activities on the website and download printable sheets. Please have scissors, tape, glue stick, ruler, crayons, or colored pencils available for class. Participants will be mailed any additional materials needed for activities. We will use a document camera to help participants.

Coordinator: Patricia McKean. Pat, a classroom science teacher for 44 years, received the Connecticut Christa McAuliffe Fellowship for her program, Using Children's Literature to Teach Science. She has presented teacher and student workshops nationally and internationally and specializes in teaching science through literature. She currently serves as a science education consultant and as a peer reviewer for the National Science Teachers Association's Journal Science and Children.

Intermediate Bridge **ALL965**
 Friday 1:30PM - 2:50PM ZOOM
 12 Weeks 17-Sep Limit: 25

This course is open to those who have taken Bridge for Beginners with this Coordinator during the previous few semesters, or those at an intermediate level who wish to refine and further develop their skill at the card game Bridge. All students receive a *Bridge Handbook for Beginners* written by the Coordinator. All classes will include use of a free on-line platform for playing bridge which is easy to use.

Coordinator: Christopher Senie. Christopher has developed a love for the game of bridge and a passion for teaching the game to others.

Analyzing Poems of Published Authors **ALL1202**
 Friday 3:00PM - 4:20PM ZOOM
 Second 6 Weeks 29-Oct Limit: 18

Each week the coordinator will pick and analyze a few poems. The students will be then given the opportunity to share their understanding of the poems. They may also, if they so wish, propose and present one of their favorite poems (of published poets) to be discussed in depth in the class.

Coordinator: Corina Iukovici. Corina studied English and French literature in college and is now a semi-retired graphic and web designer. She has been a lifelong lover of poetry and likes to share with others her favorite (and sometimes less known) poets.

Basics of Estate Planning **ALL878**
 Friday 3:00PM - 4:20PM ZOOM
 First 6 Weeks 17-Sep Limit: 25

This updated course covers the basics of estate planning: powers of attorney, healthcare proxy, advanced care directives, wills and trusts, probate of estates, estate taxation, MassHealth/Medicaid/Nursing Home concerns, and what the COVID-19 crisis has taught us about timely estate planning. All materials will be provided by the Coordinator.

Coordinator: Arthur Crooks, Jr.. Arthur is an estate planning and elder law attorney with over 30 years in practice. He serves as chairman of the Dennis Council on Aging. He has taught this course at ALL for over 20 years.

Course Schedule

Day	Block Time	Session	Starting	ALL #	Course Title	Location	Coordinator(s)
Monday	9:00AM - 10:20AM	First 6 Weeks	13-Sep	ALL1214	Personal Essays of Black Experience in America	Zoom	Paul Groundwater
Monday	10:30AM - 11:50AM	12 Weeks	13-Sep	ALL1210	Memoirs - Lest We Forget	Zoom	Dianne Tattersall
Monday	10:30AM - 11:50AM	First 6 Weeks	13-Sep	ALL1207	Harry S. Truman	Zoom	John Matley
Monday	10:30AM - 11:50AM	Second 6 Weeks	1-Nov	ALL1196	DNA Testing for Genealogical Purposes	Zoom	Susan Feinberg
Monday	12:00PM - 1:20PM	12 Weeks	13-Sep	ALL1173	12 Directors/12 Masterpieces	Zoom	Joseph Gonzalez
Monday	12:00PM - 1:20PM	12 Weeks	13-Sep	ALL1218	Playful Bookbinding - Origami and the Zhen Xian Bao Thread Book	Zoom	Andrea Plate
Monday	1:30PM - 2:50PM	12 Weeks	13-Sep	ALL1169	Hitchcock: The Dark Side of Genius and Pure Cinema	Zoom	Joseph Gonzalez
Monday	1:30PM - 2:50PM	Second 6 Weeks	1-Nov	ALL1193	Thank You, Native America	Zoom	Frank Cuphone, John Kennedy
Tuesday	9:00AM - 10:20AM	12 Weeks	14-Sep	ALL1194	Transition to a New World Order – Section A	Zoom	Stew Goodwin
Tuesday	9:00AM - 10:20AM	First 6 Weeks	14-Sep	ALL1198	Massachusetts History, Pride and Prejudice? Part 2	Zoom	Stephen Anderson
Tuesday	9:00AM - 10:20AM	Second 6 Weeks	26-Oct	ALL1148	What's the Weather	Zoom	Paul Coteus, John Ward
Tuesday	10:30AM - 11:50AM	Second 6 Weeks	26-Oct	ALL1144	Hoffa, the Mafia, the Middle Class	Zoom	John Matley
Tuesday	12:00PM - 1:20PM	12 Weeks	14-Sep	ALL1219	The Economist	Zoom	William Clements
Tuesday	12:00PM - 1:20PM	First 6 Weeks	14-Sep	ALL1212	Belief in the Age of Science	Zoom	Barbara Leedom
Tuesday	1:30PM - 2:50PM	12 Weeks	14-Sep	ALL1199	The Art of Nonviolent Communication	Zoom	Frank Noonan
Tuesday	1:30PM - 2:50PM	12 Weeks	14-Sep	ALL489	How Philosophy Can Change Your Life	Zoom	Claire Briand
Tuesday	3:00PM - 4:20PM	First 6 Weeks	14-Sep	ALL1208	Turning Points: The 60s – Section A	Zoom	Lawrence Brown
Tuesday	3:00PM - 4:20PM	Second 6 Weeks	26-Oct	ALL1213	Turning Points: Becoming America	Zoom	Lawrence Brown
Wednesday	9:00AM - 10:20AM	12 Weeks	15-Sep	ALL1195	Transition to a New World Order -- Section B	Zoom	Stew Goodwin
Wednesday	9:00AM - 10:20AM	Second 6 Weeks	27-Oct	ALL999	15 Challenges of the Future	Zoom	Tom Murphy
Wednesday	10:30AM - 11:50AM	First 6 Weeks	15-Sep	ALL1200	Japanese Theater	Zoom	Fran Lautenberger
Wednesday	10:30AM - 11:50AM	Second 6 Weeks	27-Oct	ALL1204	World War I: Causes, Conduct, and Consequences	Zoom	Russell Leng
Wednesday	12:00PM - 1:20PM	First 6 Weeks	15-Sep	ALL1211	Enjoying Men's and Women's Senior Golf	Zoom	Russell Leng, Bill Richmond
Wednesday	12:00PM - 1:20PM	First 6 Weeks	15-Sep	ALL1205	Understanding the Church of the New Testament	Zoom	Rob Swanson

Course Schedule (continued)

Day	Block Time	Session	Starting	ALL #	Course Title	Location	Coordinator(s)
Wednesday	12:00PM - 1:20PM	Second 6 Weeks	27-Oct	ALL1123	The Art of Discussion	Zoom	Rob Swanson
Wednesday	1:30PM - 2:50PM	Second 6 Weeks	27-Oct	ALL720	Pilgrims, Puritans and Early Cape Cod History	Zoom	Francis D. Robinson, Dorothy B. Robinson
Wednesday	3:00PM - 4:20PM	12 Weeks	15-Sep	ALL1215	Music of Deliberation	Zoom	John Temple
Wednesday	3:00PM - 4:20PM	First 6 Weeks	15-Sep	ALL1209	Turning Points: The 60s -- Section B	Zoom	Lawrence Brown
Thursday	9:00AM - 10:20AM	First 6 Weeks	16-Sep	ALL1197	Reprobates Who Have Left Hidden Gifts to The World	Zoom	David Mulligan
Thursday	9:00AM - 10:20AM	First 6 Weeks	16-Sep	ALL1163	Sustainable Gardening	Zoom	Gina Poole
Thursday	9:00AM - 10:20AM	Second 6 Weeks	28-Oct	ALL1176	The Chemistry of Life and the World around Us	Zoom	John Ward
Thursday	10:30AM - 11:50AM	First 6 Weeks	16-Sep	ALL1201	Honor and Love: Antony and Cleopatra and Much Ado about Nothing	Zoom	Nancy Yee
Thursday	10:30AM - 11:50AM	First 6 Weeks	16-Sep	ALL1206	Garden Literature-Reading and Writing about the Garden	Zoom	Pat Stover
Thursday	10:30AM - 11:50AM	Second 6 Weeks	28-Oct	ALL1178	It Is in Your DNA! An Introduction to the Human Genome and the Science Behind It	Zoom	Steve Munroe
Thursday	12:00PM - 1:20PM	First 6 Weeks	16-Sep	ALL1216	Exploring the "New Normal"	Zoom	Marianne Triplette
Thursday	12:00PM - 1:20PM	Second 6 Weeks	28-Oct	ALL1217	The Impact of Women in the "New Normal"	Zoom	Marianne Triplette
Thursday	12:00PM - 1:20PM	12 Weeks	16-Sep	ALL1220	The Story of London	Zoom	Chris Johnston, David Johnston
Thursday	1:30PM - 2:50PM	12 Weeks	16-Sep	ALL055	Loving the Short Story	Zoom	Sheryl Lajoie, Deb Selkow
Thursday	1:30PM - 2:50PM	First 6 Weeks	16-Sep	ALL1203	The Enduring Cape Cod Theater Tradition	Zoom	Sue Mellen
Thursday	1:30PM - 2:50PM	Second 6 Weeks	28-Oct	ALL1153	Would You Like to Improve Your Understanding of Climate Change? Updated Course	Zoom	Patricia McKean
Thursday	3:00PM - 4:20PM	12 Weeks	16-Sep	ALL780	Writing Incubator	Zoom	Nancy Shoemaker, Bill Holcombe
Friday	9:00AM - 10:20AM	Second 6 Weeks	29-Oct	ALL1001	Using Children's Literature to Teach Science	Zoom	Patricia McKean
Friday	10:30AM - 11:50AM	12 Weeks	17-Sep	ALL1030	Telling Stories	Zoom	June Calender
Friday	10:30AM - 11:50AM	First 6 Weeks	17-Sep	ALL866	Introduction to Nichiren Buddhism-Section A	Zoom	Susan Whalley, Steve Piontek
Friday	10:30AM - 11:50AM	Second 6 Weeks	29-Oct	ALL1190	Introduction to Nichiren Buddhism-Section B	Zoom	Susan Whalley, Steve Piontek
Friday	12:00PM - 1:20PM	Second 6 Weeks	29-Oct	ALL1192	Using Children's Literature to Teach Science-Sequel	Zoom	Patricia McKean
Friday	1:30PM - 2:50PM	12 Weeks	17-Sep	ALL965	Intermediate Bridge	Zoom	Christopher Senie
Friday	3:00PM - 4:20PM	First 6 Weeks	17-Sep	ALL878	Basics of Estate Planning	Zoom	Arthur Crooks, Jr.
Friday	3:00PM - 4:20PM	Second 6 Weeks	29-Oct	ALL1202	Analyzing Poems of Published Authors	Zoom	Corina Iukovici

REGISTRATION FORM — Fall 2021

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Reg.1 _____ Reg.2 _____ Reg.3 _____

Scholarship _____ Legacy _____

Academy for Lifelong Learning
Cape Cod Community College
2240 Iyannough Road
West Barnstable, MA 02668-1599

Please review the REGISTRATION INFORMATION in the catalog before completing your form.

**** Something new: If possible, please complete your form using your computer, tablet or phone BEFORE printing.**

Name _____ DOB _____

Street _____

City _____ State _____ ZIP _____

Phone (Home) _____ (Cell) _____ Email _____

Emergency Contact (required) _____ Phone No _____ Relationship _____

Is this a **NEW ADDRESS** since your last registration? _____ **The best way to contact me: Phone _____ Email _____**

I am a **FIRST TIME** member of ALL _____ How did you learn about ALL? _____

Please contact me about “coordinator” opportunities: Yes _____ No _____

For the \$105 membership fee, you may select from the following options: (make check payable to ALL)
 _____ **four** 6-week courses _____ **two** 12-week courses _____ **one** 12-week course & **two** 6-week courses

Please list courses **in order of preference**, including alternate choices. If no alternate choices are listed it is assumed that none are desired. After the first week of each semester, registered members may join unfilled classes. Contact lifelonglearning@capecod.edu.

Preferred course(s)

(Off. Use)	Course #	Course Name (preferred)	Day	Time	12 wks.	1st 6 wks.	2nd 6 wks.
_____	1. ALL _____	_____	_____	_____	_____	_____	_____
_____	2. ALL _____	_____	_____	_____	_____	_____	_____
_____	3. ALL _____	_____	_____	_____	_____	_____	_____
_____	4. ALL _____	_____	_____	_____	_____	_____	_____

Alternate Choices in the event preferred courses are full

_____	1. ALL _____	_____	_____	_____	_____	_____	_____
_____	2. ALL _____	_____	_____	_____	_____	_____	_____
_____	3. ALL _____	_____	_____	_____	_____	_____	_____
_____	4. ALL _____	_____	_____	_____	_____	_____	_____

The ALL Registration process will open on Monday, August 23rd at 9 a.m. for registration forms received by August 20th. No preference will be given to early postmarks or delivery dates. All registration forms must be submitted by mail. Be sure to include your SIGNED CHECK. Any form received without payment will lose its place in the queue.



Board of Directors 2021-2022

Jim Lathrop	President	2023
Dianne Tattersall	Vice President, and Chair of Hospitality	2024
Kirk Young	Treasurer	2024
Noelle Howland	Clerk	2022
Rita Ailinger	Desk Volunteer Coordinator	2023
Jean DeVincentis	Registration	2024
Diane Hoover	Special Events	2024
Miriam Kronish	Curriculum	2024
Patricia McKean	Finance	2023
Marilyn Nouri	Long Range Planning	2024
Rona Robinson	Member-at-Large	2022
Judith Roettig	Member-at-Large	2022
Marianne Triplette	Communications	2023

Office Administrator: Nancy Weida

Academy for Lifelong Learning Cape Cod, Inc. Cape Cod Community College

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