

Reflections 2025
Submission Guidelines

Thank you for your interest in the 2025 publication of Reflections. Below are guidelines to assist you with your submission. If you would like help or have a question, as with all items related to Reflections 2024, please do not hesitate to send your questions to ALLReflections2000@gmail.com.

We look forward to reading your submission.

Written Content

- Length
 - 2-3pages of content (This is approximately 1000 words)
 - 2 pages for poem
- Format
 - Margins – 1” all sides
 - Double spaced
 - Font
 - New Times Roman
 - 12 point
 - Word document – NO PDF
 - Only one space between sentence end (period) and new capital

Photography/Artwork

- File Format
 - .JPEG format.
- One (1) image per file.
 - Up to 5 image files for submission
- Image Size
 - 4” x 6”
- DPI (Dots Per Inch)/PPI (Pixels Per Inch)
 - 300 DPI/PPI
- Color/Black-White
 - Color profile: RGB.
 - Black & White - Grayscale

All Submissions

- Include
 - Name
 - Phone Number
 - Email Address
 - Brief Bio – 2 to 3 sentences about yourself.

Send your submissions by email to ALLReflections2000@gmail.com